

# Alberta Canada Reference Group

## Data Report Spring 2016

---

The ACHA-NCHA II supports the health of the campus community by fulfilling the academic mission, supporting short- and long-term healthy behaviors, and gaining a current profile of health trends within the campus community.

Suggested citation for this document: American College Health Association. American College Health Association-National College Health Assessment II: Alberta Canada Reference Group Data Report Spring 2016. Hanover, MD: American College Health Association; 2016.

## Demographics of Participating Institutions

Forty one Canadian postsecondary institutions self-selected to participate in the Spring 2016 ACHA National College Health Assessment and 43,780 surveys were completed by students on these campuses. For the purpose of forming the Reference Group, only Canadian institutions that surveyed all students or used a random sampling technique are included in the analysis. **This report includes only data from 7,240 students at 10 schools in Alberta, Canada.** All schools collected data via the ACHA-NCHA web survey. The mean response was 19% and the median was 17%.

Demographic characteristics of the 10 campuses follow:

<b>Demographical Characteristics of the 10 Postsecondary Institutions Included in the Spring 2016 ALBERTA CANADA ACHA-NCHA II Reference Group.</b>	
<b>Campus Characteristic</b>	<b><i>n</i></b>
Type of Institution	
Public	10
Private	0
2-year	4
4-year or above	5
Other	1
Location of Campus	
Alberta Canada	10
Campus Size	
< 2,500 students	2
2,500 – 4,999 students	1
5,000 – 9,999 students	3
10,000 – 19,999 students	2
20,000 students or more	2
Campus Setting	
Very large city (population over 500,000)	5
Large city (population 250,000-499,999)	0
Small city (population 50,000-249,999)	4
Small town (population 2,500-9,999)	1
Carnegie Classification	
Miscellaneous/Not Classified	10
ACHA Membership Status	
Institutional Member	6
Nonmember	4
Religious Affiliation	
No	10
Yes	0

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016** **Canadian Consortium Alberta**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**A note about the use of sex and gender in this report:**

Survey responses are reported by sex based on the responses to questions 47a, 47b, and 47c. For the purpose of the ACHA-NCHA report documents, respondents are reported as male or female only when their responses to these three questions are consistent with one another. If students' gender identity is consistent with their sex at birth AND the student selects "no" for transgender, then respondents are designated as either *male* or *female*. If a respondent selects "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as *non-binary*. A respondent that skips any of the three questions is designated as *unknown*. Only 3 of the 4 categories are displayed in this report. Students categorized as *non-binary* are included in the *Total* column, but are not presented in a separate column. When the *Total* of any given row is higher than the sum of the *male*, *female*, and *unknown* students, the difference can be attributed to *non-binary* students that selected the response option presented in that row.

**1. How would you describe your general health?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Excellent	291	15	461	9	12	13	779	10.8	
2 Very good	718	37	1701	34	35	39	2503	34.7	
3 Good	619	32	1875	38	30	33	2592	35.9	
4 Fair	236	12	638	13	8	9	917	12.7	
5 Poor	62	3	232	5	4	4	309	4.3	
6 Don't know	24	1	92	2	1	1	121	1.7	
Valid responses =	1950	27	4999	69	90	1	7221	99.7	

Invalid responses include no response or multiple responses.

**2A1. Have you received information on the following topics from your college or university?**

**Alcohol and other drug use**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1079	55	2950	59	58	64	4187	58.2	
2 Yes	869	45	2028	41	32	36	3010	41.8	
Valid responses =	1948	27	4978	69	90	1	7197	99.4	

Invalid responses include no response or multiple responses.

**2A2. Have you received information on the following topics from your college or university?**

**Cold/Flu/Sore Throat**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1178	61	2980	60	47	53	4,309	59.9	
2 Yes	765	39	1998	40	42	47	2,881	40.1	
Valid responses =	1943	27	4978	69	89	1	7,190	99.3	

Invalid responses include no response or multiple responses.

**2A3. Have you received information on the following topics from your college or university?**

**Depression/Anxiety**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	699	36	1645	33	39	44	2,435	33.8	
2 Yes	1253	64	3338	67	49	56	4,769	66.2	
Valid responses =	1952	27	4983	69	88	1	7,204	99.5	

Invalid responses include no response or multiple responses.

**2A4. Have you received information on the following topics from your college or university?**

**Eating disorders**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1466	76	3645	73	67	76	5,307	74.0	
2 Yes	472	24	1319	27	21	24	1,863	26.0	
Valid responses =	1938	27	4964	69	88	1	7,170	99.0	

Invalid responses include no response or multiple responses.

**2A5. Have you received information on the following topics from your college or university?**

**Grief and loss**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1390	72	3601	73	63	72	5,179	72.4	
2 Yes	549	28	1349	27	25	28	1,977	27.6	
Valid responses =	1939	27	4950	69	88	1	7,156	98.8	

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)  
Reference Group Data Report - Spring 2016**

American College Health Association  
1362 Mellon Road, Suite 180  
Hanover, MD 21076  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**2A6. Have you received information on the following topics from your college or university?**

**How to help others in distress**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1322	68	3277	66	60	70	4,772	66.6
2 Yes	621	32	1684	34	26	30	2,398	33.4
Valid responses =	1943	27	4961	69	86	1	7,170	99.0

Invalid responses include no response or multiple responses.

**2A7. Have you received information on the following topics from your college or university?**

**Injury prevention**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1339	69	3770	76	65	74	5,304	74.0
2 Yes	599	31	1193	24	23	26	1,865	26.0
Valid responses =	1938	27	4963	69	88	1	7,169	99.0

Invalid responses include no response or multiple responses.

**2A8. Have you received information on the following topics from your college or university?**

**Nutrition**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1048	54	2580	52	50	57	3,768	52.5
2 Yes	892	46	2388	48	38	43	3,409	47.5
Valid responses =	1940	27	4968	69	88	1	7,177	99.1

Invalid responses include no response or multiple responses.

**2A9. Have you received information on the following topics from your college or university?**

**Physical activity**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	767	39	2073	42	42	48	2,952	41.0
2 Yes	1179	61	2905	58	45	52	4,240	59.0
Valid responses =	1946	27	4978	69	87	1	7,192	99.3

Invalid responses include no response or multiple responses.

**2A10. Have you received information on the following topics from your college or university?**

**Pregnancy prevention**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1271	66	3274	66	63	72	4,719	65.8
2 Yes	666	34	1688	34	25	28	2,448	34.2
Valid responses =	1937	27	4962	69	88	1	7,167	99.0

Invalid responses include no response or multiple responses.

**2B1. Have you received information on the following topics from your college or university?**

**Problem use of internet/computer games**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1701	87	4292	86	70	80	6,223	86.5
2 Yes	246	13	687	14	18	21	972	13.5
Valid responses =	1947	27	4979	69	88	1	7,195	99.4

Invalid responses include no response or multiple responses.

**2B2. Have you received information on the following topics from your college or university?**

**Relationship difficulties**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1528	79	3689	74	69	78	5,412	75.3
2 Yes	417	21	1280	26	19	22	1,771	24.7
Valid responses =	1945	27	4969	69	88	1	7,183	99.2

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)  
Reference Group Data Report - Spring 2016 Canadian Consortium Alberta**

American College Health Association  
1362 Mellon Road, Suite 180  
Hanover, MD 21076  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
FREQUENCY REPORT  
Number of Surveys (n) = 7240 Web Surveys

**2B3. Have you received information on the following topics from your college or university?**

**Sexual assault/Relationship violence prevention**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	943	49	2536	51	54	61	3,621	50.3
2 Yes	1003	52	2447	49	34	39	3,577	49.7
Valid responses =	1946	27	4983	69	88	1	7,198	99.4

Invalid responses include no response or multiple responses.

**2B4. Have you received information on the following topics from your college or university?**

**Sexually transmitted disease/ Infection (STD/I) prevention**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1061	55	2840	57	55	63	4,053	56.3
2 Yes	885	46	2139	43	32	37	3,140	43.7
Valid responses =	1946	27	4979	69	87	1	7,193	99.4

Invalid responses include no response or multiple responses.

**2B5. Have you received information on the following topics from your college or university?**

**Sleep difficulties**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1500	77	3854	78	65	76	5,550	77.3
2 Yes	441	23	1121	23	21	24	1,633	22.7
Valid responses =	1941	27	4975	69	86	1	7,183	99.2

Invalid responses include no response or multiple responses.

**2B6. Have you received information on the following topics from your college or university?**

**Stress reduction**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	639	33	1475	30	35	40	2,199	30.5
2 Yes	1307	67	3516	70	52	60	5,006	69.5
Valid responses =	1946	27	4991	69	87	1	7,205	99.5

Invalid responses include no response or multiple responses.

**2B7. Have you received information on the following topics from your college or university?**

**Suicide prevention**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1103	57	2826	57	54	62	4,083	56.8
2 Yes	839	43	2152	43	33	38	3,105	43.2
Valid responses =	1942	27	4978	69	87	1	7,188	99.3

Invalid responses include no response or multiple responses.

**2B8. Have you received information on the following topics from your college or university?**

**Tobacco use**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1576	81	4125	83	71	83	5,920	82.5
2 Yes	365	19	844	17	15	17	1,257	17.5
Valid responses =	1941	27	4969	69	86	1	7,177	99.1

Invalid responses include no response or multiple responses.

**2B9. Have you received information on the following topics from your college or university?**

**Violence prevention**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1399	72	3732	75	65	76	5,330	74.3
2 Yes	541	28	1234	25	21	24	1,843	25.7
Valid responses =	1940	27	4966	69	86	1	7,173	99.1

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)  
Reference Group Data Report - Spring 2016**

American College Health Association  
1362 Mellon Road, Suite 180  
Hanover, MD 21076  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**3A1. Are you interested in receiving information on the following topics from your college or university?**

**Alcohol and other drug use**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1310	68	3252	66	49	56	4,733	66.2
2 Yes	629	32	1692	34	38	44	2,416	33.8
Valid responses =	1939	27	4944	69	87	1	7,149	98.7

Invalid responses include no response or multiple responses.

**3A2. Are you interested in receiving information on the following topics from your college or university?**

**Cold/Flu/Sore throat**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1199	62	2771	56	42	48	4,123	57.7
2 Yes	739	38	2168	44	45	52	3,020	42.3
Valid responses =	1938	27	4939	69	87	1	7,143	98.7

Invalid responses include no response or multiple responses.

**3A3. Are you interested in receiving information on the following topics from your college or university?**

**Depression/Anxiety**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	758	39	1359	27	34	39	2,203	30.7
2 Yes	1187	61	3600	73	53	61	4,969	69.3
Valid responses =	1945	27	4959	69	87	1	7,172	99.1

Invalid responses include no response or multiple responses.

**3A4. Are you interested in receiving information on the following topics from your college or university?**

**Eating disorders**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1292	67	2696	55	43	50	4,131	57.8
2 Yes	642	33	2250	46	43	50	3,014	42.2
Valid responses =	1934	27	4946	69	86	1	7,145	98.7

Invalid responses include no response or multiple responses.

**3A5. Are you interested in receiving information on the following topics from your college or university?**

**Grief and loss**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1053	55	2213	45	43	49	3,385	47.4
2 Yes	880	46	2731	55	44	51	3,759	52.6
Valid responses =	1933	27	4944	69	87	1	7,144	98.7

Invalid responses include no response or multiple responses.

**3A6. Are you interested in receiving information on the following topics from your college or university?**

**How to help others in distress**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	652	34	1253	25	27	32	1,975	27.6
2 Yes	1292	67	3705	75	58	68	5,192	72.4
Valid responses =	1944	27	4958	69	85	1	7,167	99.0

Invalid responses include no response or multiple responses.

**3A7. Are you interested in receiving information on the following topics from your college or university?**

**Injury prevention**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1026	53	2592	52	40	48	3,755	52.6
2 Yes	912	47	2350	48	44	52	3,389	47.4
Valid responses =	1938	27	4942	69	84	1	7,144	98.7

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)  
Reference Group Data Report - Spring 2016**



American College Health Association  
1362 Mellon Road, Suite 180  
Hanover, MD 21076  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**3A8. Are you interested in receiving information on the following topics from your college or university?**



**Nutrition**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	696	36	1307	26	19	22	2,083	29.1	
2 Yes	1242	64	3656	74	66	78	5,083	70.9	
Valid responses =	1938	27	4963	69	85	1	7,166	99.0	

Invalid responses include no response or multiple responses.

**3A9. Are you interested in receiving information on the following topics from your college or university?**



**Physical activity**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	717	37	1488	30	25	29	2,301	32.2	
2 Yes	1218	63	3465	70	60	71	4,852	67.8	
Valid responses =	1935	27	4953	69	85	1	7,153	98.8	

Invalid responses include no response or multiple responses.

**3A10. Are you interested in receiving information on the following topics from your college or university?**



**Pregnancy prevention**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1250	65	2926	59	48	57	4,336	60.9	
2 Yes	680	35	2007	41	37	44	2,789	39.1	
Valid responses =	1930	27	4933	69	85	1	7,125	98.4	

Invalid responses include no response or multiple responses.

**3B1. Are you interested in receiving information on the following topics from your college or university?**



**Problem use of Internet/computer games**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1298	67	3650	74	54	63	5,126	71.5	
2 Yes	641	33	1313	27	32	37	2,042	28.5	
Valid responses =	1939	27	4963	69	86	1	7,168	99.0	

Invalid responses include no response or multiple responses.

**3B2. Are you interested in receiving information on the following topics from your college or university?**



**Relationship difficulties**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1066	55	2366	48	39	45	3,559	49.7	
2 Yes	872	45	2594	52	47	55	3,606	50.3	
Valid responses =	1938	27	4960	69	86	1	7,165	99.0	

Invalid responses include no response or multiple responses.

**3B3. Are you interested in receiving information on the following topics from your college or university?**



**Sexual assault/Relationship violence prevention**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1108	57	2073	42	43	50	3,292	45.9	
2 Yes	830	43	2891	58	43	50	3,875	54.1	
Valid responses =	1938	27	4964	69	86	1	7,167	99.0	

Invalid responses include no response or multiple responses.

**3B4. Are you interested in receiving information on the following topics from your college or university?**

**Sexually transmitted disease/Infection (STD/I) prevention**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1036	53	2405	49	45	54	3,571	49.9	
2 Yes	903	47	2548	51	39	46	3,585	50.1	
Valid responses =	1939	27	4953	69	84	1	7,156	98.8	

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)  
Reference Group Data Report - Spring 2016**

American College Health Association  
1362 Mellon Road, Suite 180  
Hanover, MD 21076  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**3B5. Are you interested in receiving information on the following topics from your college or university?**

**Sleep difficulties**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	698	36	1423	29	33	39	2,211	30.8
2 Yes	1242	64	3539	71	52	61	4,957	69.2
Valid responses =	1940	27	4962	69	85	1	7,168	99.0

Invalid responses include no response or multiple responses.

**3B6. Are you interested in receiving information on the following topics from your college or university?**

**Stress reduction**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	524	27	879	18	21	25	1,463	20.4
2 Yes	1422	73	4092	82	64	75	5,721	79.6
Valid responses =	1946	27	4971	69	85	1	7,184	99.2

Invalid responses include no response or multiple responses.

**3B7. Are you interested in receiving information on the following topics from your college or university?**

**Suicide prevention**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	941	49	2000	40	42	50	3,042	42.5
2 Yes	997	51	2955	60	42	50	4,115	57.5
Valid responses =	1938	27	4955	69	84	1	7,157	98.9

Invalid responses include no response or multiple responses.

**3B8. Are you interested in receiving information on the following topics from your college or university?**

**Tobacco use**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1402	72	3568	72	54	64	5,146	72.1
2 Yes	536	28	1371	28	30	36	1,994	27.9
Valid responses =	1938	27	4939	69	84	1	7,140	98.6

Invalid responses include no response or multiple responses.

**3B9. Are you interested in receiving information on the following topics from your college or university?**

**Violence prevention**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1122	58	2357	48	42	49	3,599	50.4
2 Yes	814	42	2587	52	43	51	3,546	49.6
Valid responses =	1936	27	4944	69	85	1	7,145	98.7

Invalid responses include no response or multiple responses.

**4A. Within the last 12 months, how often did you:**

**Wear a seatbelt when you rode in car?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A didn't do this last 12 montl	12	1	17	0	1	1	30	0.4
2 Never	12	1	16	0	2	2	33	0.5
3 Rarely	22	1	22	0	1	1	46	0.6
4 Sometimes	30	2	58	1	3	3	92	1.3
5 Most of the time	221	11	508	10	8	9	756	10.5
6 Always	1651	85	4376	88	74	83	6,257	86.7
Valid responses =	1948	27	4997	69	89	1	7,214	99.6

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**4B. Within the last 12 months, how often did you:**

**Wear a helmet when you rode a bicycle?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A didn't do this last 12 months	679	35	2063	41	36	41	2,853	39.6
2 Never	324	17	660	13	14	16	1,024	14.2
3 Rarely	172	9	382	8	5	6	573	8.0
4 Sometimes	133	7	323	7	8	9	474	6.6
5 Most of the time	174	9	442	9	4	5	640	8.9
6 Always	464	24	1112	22	21	24	1,632	22.7
Valid responses =	1946	27	4982	69	88	1	7,196	99.4

Invalid responses include no response or multiple responses.

**4C. Within the last 12 months, how often did you:**

**Wear a helmet when you rode a motorcycle?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A didn't do this last 12 months	1532	79	3946	79	64	73	5,685	79.1
2 Never	25	1	59	1	3	3	92	1.3
3 Rarely	11	1	13	0	0	0	26	0.4
4 Sometimes	12	1	17	0	0	0	30	0.4
5 Most of the time	21	1	24	1	2	2	50	0.7
6 Always	344	18	919	19	19	22	1,308	18.2
Valid responses =	1945	27	4978	69	88	1	7,191	99.3

Invalid responses include no response or multiple responses.

**4D. Within the last 12 months, how often did you:**

**Wear a helmet when you were inline skating?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A didn't do this last 12 months	1430	74	3568	72	55	63	5,178	72.0
2 Never	185	10	556	11	11	13	772	10.7
3 Rarely	49	3	191	4	1	1	246	3.4
4 Sometimes	42	2	112	2	5	6	164	2.3
5 Most of the time	39	2	100	2	2	2	145	2.0
6 Always	201	10	449	9	14	16	685	9.5
Valid responses =	1946	27	4976	69	88	1	7,190	99.3

Invalid responses include no response or multiple responses.

**5A. Within the last 12 months:**

**Were you in a physical fight?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1751	90	4798	96	80	90	6,801	94.2
2 Yes	202	10	201	4	9	10	422	5.8
Valid responses =	1953	27	4999	69	89	1	7,223	99.8

Invalid responses include no response or multiple responses.

**5B. Within the last 12 months:**

**Were you physically assaulted (do not include sexual assault)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1883	96	4794	96	83	94	6,934	96.0
2 Yes	70	4	205	4	5	6	288	4.0
Valid responses =	1953	27	4999	69	88	1	7,222	99.8

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016** **Canadian Consortium Alberta**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT  
 Number of Surveys (n) = 7240 Web Surveys

**5C. Within the last 12 months:**

**Were you verbally threatened?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1414	73	3881	78	70	79	5,489	76.1
2 Yes	535	27	1116	22	19	21	1,728	23.9
Valid responses =	1949	27	4997	69	89	1	7,217	99.7

Invalid responses include no response or multiple responses.

**5D. Within the last 12 months:**

**Were you sexually touched without your consent?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1889	97	4409	88	84	94	6,530	90.5
2 Yes	63	3	587	12	5	6	689	9.5
Valid responses =	1952	27	4996	69	89	1	7,219	99.7

Invalid responses include no response or multiple responses.

**5E. Within the last 12 months:**

**Was sexual penetration attempted (vaginal, anal, oral) without your consent?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1939	99	4757	95	87	98	6,954	96.4
2 Yes	13	1	233	5	2	2	258	3.6
Valid responses =	1952	27	4990	69	89	1	7,212	99.6

Invalid responses include no response or multiple responses.

**5F. Within the last 12 months:**

**Were you sexually penetrated (vaginal, anal, oral) without your consent?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1947	100	4859	97	88	99	7,070	98.0
2 Yes	6	0	132	3	1	1	144	2.0
Valid responses =	1953	27	4991	69	89	1	7,214	99.6

Invalid responses include no response or multiple responses.

**5G. Within the last 12 months:**

**Were you a victim of stalking (e.g., waiting for you outside your classroom, residence hall, or office: repeated emails/phone calls)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1901	97	4587	92	79	89	6,730	93.2
2 Yes	52	3	409	8	10	11	490	6.8
Valid responses =	1953	27	4996	69	89	1	7,220	99.7

Invalid responses include no response or multiple responses.

**6A. Within the last 12 months, have you been in an intimate (coupled/partnered) relationship that was:**

**Emotionally abusive? (e.g., called derogatory names, yelled at, ridiculed)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1803	92	4345	87	76	87	6,390	88.5
2 Yes	150	8	656	13	11	13	833	11.5
Valid responses =	1953	27	5001	69	87	1	7,223	99.8

Invalid responses include no response or multiple responses.

**6B. Within the last 12 months, have you been in an intimate (coupled / partnered) relationship that was:**

**Physically abusive? (e.g., kicked, slapped, punched)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1920	98	4864	97	86	99	7,048	97.7
2 Yes	33	2	129	3	1	1	166	2.3
Valid responses =	1953	27	4993	69	87	1	7,214	99.6

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**6C. Within the last 12 months, have you been in an intimate (coupled / partnered) relationship that was:**  
**Sexually abusive? (e.g., forced to have sex when you didn't want it, forced to perform or have an unwanted sexual act performed on you)**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1934	99	4849	97	85	98	7,040	97.5
2 Yes	17	1	149	3	2	2	178	2.5
Valid responses =	1951	27	4998	69	87	1	7,218	99.7

Invalid responses include no response or multiple responses.

**7A. Do you feel safe on this campus (daytime)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	5	0	10	0	0	0	19	0.3
2 Somewhat unsafe	15	1	28	1	2	2	47	0.7
3 Somewhat safe	159	8	592	12	18	21	803	11.1
4 Very safe	1776	91	4356	87	68	77	6,341	87.9
Valid responses =	1955	27	4986	69	88	1	7,210	99.6

Invalid responses include no response or multiple responses.

**7B. Do you feel safe on this campus (nighttime)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	12	1	91	2	4	5	117	1.6
2 Somewhat unsafe	64	3	745	15	6	7	846	11.8
3 Somewhat safe	646	33	2710	55	43	49	3,482	48.4
4 Very safe	1228	63	1428	29	35	40	2,748	38.2
Valid responses =	1950	27	4974	69	88	1	7,193	99.4

Invalid responses include no response or multiple responses.

**7C. Do you feel safe in the community surrounding this school (daytime)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	13	1	24	1	0	0	42	0.6
2 Somewhat unsafe	44	2	176	4	4	5	237	3.3
3 Somewhat safe	485	25	1714	34	31	35	2,293	31.9
4 Very safe	1408	72	3065	62	53	60	4,626	64.3
Valid responses =	1950	27	4979	69	88	1	7,198	99.4

Invalid responses include no response or multiple responses.

**7D. Do you feel safe in the community surrounding this school (nighttime)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not safe at all	53	3	346	7	5	6	429	6.0
2 Somewhat unsafe	245	13	1472	30	21	24	1,783	24.8
3 Somewhat safe	860	44	2362	47	34	39	3,332	46.3
4 Very safe	794	41	800	16	28	32	1,657	23.0
Valid responses =	1952	27	4980	69	88	1	7,201	99.5

Invalid responses include no response or multiple responses.

**8A1. Within the last thirty days, on how many days did you use:**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	1337	69	3590	72	59	71	5,108	70.9
2 Have used, but not in last 30	337	17	864	17	14	17	1,248	17.3
3 1 - 2 days	90	5	177	4	4	5	281	3.9
4 3 - 5 days	40	2	56	1	0	0	97	1.3
5 6 - 9 days	21	1	30	1	1	1	54	0.7
6 10 - 19 days	31	2	57	1	1	1	93	1.3
7 20 - 29 days	16	1	32	1	0	0	51	0.7
8 Used daily	75	4	183	4	4	5	269	3.7
Valid responses =	1947	27	4989	69	83	1	7,201	99.5

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**8A10. Within the last thirty days, on how many days did you use: E-cigarettes?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Never used	1511	78	4207	84	68	82	5,921	82.4	
2 Have used, but not in last 30	278	14	551	11	14	17	873	12.1	
3 1 - 2 days	64	3	112	2	1	1	184	2.6	
4 3 - 5 days	22	1	36	1	0	0	60	0.8	
5 6 - 9 days	12	1	17	0	0	0	31	0.4	
6 10 - 19 days	15	1	19	0	0	0	35	0.5	
7 20 - 29 days	5	0	19	0	0	0	25	0.3	
8 Used daily	34	2	21	0	0	0	58	0.8	
Valid responses =	1941	27	4982	69	83	1	7,187	99.3	

Invalid responses include no response or multiple responses.

**8A2. Within the last thirty days, on how many days did you use: Tobacco from a water pipe (hookah)?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Never used	1467	75	3998	80	67	81	5,674	78.9	
2 Have used, but not in last 30	387	20	803	16	12	15	1,234	17.2	
3 1 - 2 days	53	3	100	2	4	5	162	2.3	
4 3 - 5 days	15	1	37	1	0	0	54	0.8	
5 6 - 9 days	12	1	19	0	0	0	31	0.4	
6 10 - 19 days	6	0	12	0	0	0	18	0.3	
7 20 - 29 days	3	0	5	0	0	0	8	0.1	
8 Used daily	3	0	9	0	0	0	13	0.2	
Valid responses =	1946	27	4983	69	83	1	7,194	99.4	

Invalid responses include no response or multiple responses.

**8A3. Within the last thirty days, on how many days did you use: Cigars, little cigars, clove cigarettes?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Never used	1368	70	4111	83	68	82	5,687	79.1	
2 Have used, but not in last 30	453	23	773	16	13	16	1,273	17.7	
3 1 - 2 days	83	4	69	1	2	2	161	2.2	
4 3 - 5 days	21	1	16	0	0	0	37	0.5	
5 6 - 9 days	14	1	4	0	0	0	18	0.3	
6 10 - 19 days	4	0	5	0	0	0	9	0.1	
7 20 - 29 days	2	0	3	0	0	0	5	0.1	
8 Used daily	0	0	0	0	0	0	1	0.0	
Valid responses =	1945	27	4981	69	83	1	7,191	99.3	

Invalid responses include no response or multiple responses.

**8A4. Within the last thirty days, on how many days did you use: Smokeless tobacco?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Never used	1664	86	4752	96	78	95	6,655	92.6	
2 Have used, but not in last 30	197	10	199	4	1	1	412	5.7	
3 1 - 2 days	21	1	16	0	0	0	39	0.5	
4 3 - 5 days	19	1	5	0	0	0	24	0.3	
5 6 - 9 days	8	0	1	0	0	0	10	0.1	
6 10 - 19 days	14	1	2	0	1	1	17	0.2	
7 20 - 29 days	9	1	0	0	0	0	9	0.1	
8 Used daily	15	1	1	0	2	2	20	0.3	
Valid responses =	1947	27	4976	69	82	1	7,186	99.3	

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016** **Canadian Consortium Alberta**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**8A5. Within the last thirty days, on how many days did you use:**

**Alcohol (beer, wine, liquor)?**

	<b>Male</b>		<b>Female</b>		<b>Unknown</b>		<b>Total</b>	
	<b>Freq.</b>	<b>Pct.</b>	<b>Freq.</b>	<b>Pct.</b>	<b>Freq.</b>	<b>Pct.</b>	<b>Freq.</b>	<b>Pct.</b>
1 Never used	319	16	665	13	15	18	1,024	14.2
2 Have used, but not in last 30	291	15	761	15	19	23	1,105	15.4
3 1 - 2 days	354	18	1120	23	19	23	1,531	21.3
4 3 - 5 days	352	18	1010	20	8	10	1,399	19.4
5 6 - 9 days	285	15	706	14	5	6	1,019	14.2
6 10 - 19 days	230	12	519	10	13	16	777	10.8
7 20 - 29 days	79	4	169	3	3	4	261	3.6
8 Used daily	40	2	28	1	1	1	77	1.1
Valid responses =	1950	27	4978	69	83	1	7,193	99.4

Invalid responses include no response or multiple responses.

**8A6. Within the last thirty days, on how many days did you use:**

**Marijuana (pot, weed, hashish, hash oil)?**

	<b>Male</b>		<b>Female</b>		<b>Unknown</b>		<b>Total</b>	
	<b>Freq.</b>	<b>Pct.</b>	<b>Freq.</b>	<b>Pct.</b>	<b>Freq.</b>	<b>Pct.</b>	<b>Freq.</b>	<b>Pct.</b>
1 Never used	1157	60	2984	60	49	60	4,280	59.5
2 Have used, but not in last 30	440	23	1223	25	20	24	1,741	24.2
3 1 - 2 days	119	6	316	6	7	9	459	6.4
4 3 - 5 days	52	3	123	3	4	5	183	2.5
5 6 - 9 days	40	2	89	2	0	0	131	1.8
6 10 - 19 days	41	2	100	2	0	0	146	2.0
7 20 - 29 days	46	2	58	1	0	0	106	1.5
8 Used daily	51	3	85	2	2	2	142	2.0
Valid responses =	1946	27	4978	69	82	1	7,188	99.3

Invalid responses include no response or multiple responses.

**8A7. Within the last thirty days, on how many days did you use:**

**Cocaine (crack, rock, freebase)?**

	<b>Male</b>		<b>Female</b>		<b>Unknown</b>		<b>Total</b>	
	<b>Freq.</b>	<b>Pct.</b>	<b>Freq.</b>	<b>Pct.</b>	<b>Freq.</b>	<b>Pct.</b>	<b>Freq.</b>	<b>Pct.</b>
1 Never used	1779	92	4651	94	76	93	6,671	92.8
2 Have used, but not in last 30	125	6	250	5	4	5	391	5.4
3 1 - 2 days	22	1	49	1	1	1	75	1.0
4 3 - 5 days	10	1	8	0	0	0	18	0.3
5 6 - 9 days	6	0	10	0	1	1	17	0.2
6 10 - 19 days	3	0	7	0	0	0	11	0.2
7 20 - 29 days	0	0	1	0	0	0	1	0.0
8 Used daily	0	0	0	0	0	0	1	0.0
Valid responses =	1945	27	4976	69	82	1	7,185	99.2

Invalid responses include no response or multiple responses.

**8A8. Within the last thirty days, on how many days did you use:**

**Methamphetamine (crystal, meth, ice, crank)?**

	<b>Male</b>		<b>Female</b>		<b>Unknown</b>		<b>Total</b>	
	<b>Freq.</b>	<b>Pct.</b>	<b>Freq.</b>	<b>Pct.</b>	<b>Freq.</b>	<b>Pct.</b>	<b>Freq.</b>	<b>Pct.</b>
1 Never used	1914	98	4917	99	80	98	7,086	98.6
2 Have used, but not in last 30	28	1	50	1	1	1	83	1.2
3 1 - 2 days	1	0	5	0	1	1	8	0.1
4 3 - 5 days	1	0	1	0	0	0	2	0.0
5 6 - 9 days	3	0	0	0	0	0	3	0.0
6 10 - 19 days	0	0	2	0	0	0	2	0.0
7 20 - 29 days	0	0	0	0	0	0	0	0.0
8 Used daily	0	0	1	0	0	0	2	0.0
Valid responses =	1947	27	4976	69	82	1	7,186	99.3

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016** **Canadian Consortium Alberta**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**8A9. Within the last thirty days, on how many days did you use: Other amphetamines (diet pills, bennies)?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Never used	1831	94	4678	94	78	95	6,745	93.9	
2 Have used, but not in last 30	72	4	205	4	3	4	293	4.1	
3 1 - 2 days	13	1	22	0	1	1	39	0.5	
4 3 - 5 days	7	0	16	0	0	0	25	0.3	
5 6 - 9 days	4	0	16	0	0	0	21	0.3	
6 10 - 19 days	5	0	20	0	0	0	27	0.4	
7 20 - 29 days	4	0	4	0	0	0	8	0.1	
8 Used daily	10	1	16	0	0	0	27	0.4	
Valid responses =	1946	27	4977	69	82	1	7,185	99.2	

Invalid responses include no response or multiple responses.

**8B1. Within the last thirty days, on how many days did you use: Sedatives (downers, ludes)?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Never used	1848	95	4696	94	83	99	6,788	94.2	
2 Have used, but not in last 30	67	3	167	3	1	1	248	3.4	
3 1 - 2 days	16	1	58	1	0	0	77	1.1	
4 3 - 5 days	7	0	28	1	0	0	35	0.5	
5 6 - 9 days	6	0	14	0	0	0	21	0.3	
6 10 - 19 days	2	0	15	0	0	0	18	0.2	
7 20 - 29 days	1	0	4	0	0	0	6	0.1	
8 Used daily	3	0	10	0	0	0	15	0.2	
Valid responses =	1950	27	4992	69	84	1	7,208	99.6	

Invalid responses include no response or multiple responses.

**8B2. Within the last thirty days, on how many days did you use: Hallucinogens (LSD, PCP)?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Never used	1764	91	4679	94	82	98	6,683	92.8	
2 Have used, but not in last 30	150	8	268	5	1	1	441	6.1	
3 1 - 2 days	25	1	38	1	0	0	63	0.9	
4 3 - 5 days	7	0	1	0	1	1	9	0.1	
5 6 - 9 days	2	0	2	0	0	0	4	0.1	
6 10 - 19 days	1	0	1	0	0	0	2	0.0	
7 20 - 29 days	0	0	1	0	0	0	2	0.0	
8 Used daily	0	0	0	0	0	0	1	0.0	
Valid responses =	1949	27	4990	69	84	1	7,205	99.5	

Invalid responses include no response or multiple responses.

**8B3. Within the last thirty days, on how many days did you use: Anabolic steroids (Testosterone)?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Never used	1918	99	4964	100	83	99	7,141	99.1	
2 Have used, but not in last 30	16	1	19	0	1	1	37	0.5	
3 1 - 2 days	3	0	1	0	0	0	5	0.1	
4 3 - 5 days	0	0	2	0	0	0	4	0.1	
5 6 - 9 days	4	0	1	0	0	0	5	0.1	
6 10 - 19 days	5	0	1	0	0	0	7	0.1	
7 20 - 29 days	1	0	0	0	0	0	1	0.0	
8 Used daily	1	0	1	0	0	0	3	0.0	
Valid responses =	1948	27	4989	69	84	1	7,203	99.5	

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)  
Reference Group Data Report - Spring 2016 Canadian Consortium Alberta**

American College Health Association  
1362 Mellon Road, Suite 180  
Hanover, MD 21076  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**8B4. Within the last thirty days, on how many days did you use: Opiates (heroin, smack)?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Never used	1904	98	4946	99	83	99	7,109	98.8	
2 Have used, but not in last 30	32	2	26	1	1	1	62	0.9	
3 1 - 2 days	2	0	6	0	0	0	8	0.1	
4 3 - 5 days	4	0	1	0	0	0	5	0.1	
5 6 - 9 days	4	0	2	0	0	0	6	0.1	
6 10 - 19 days	0	0	1	0	0	0	2	0.0	
7 20 - 29 days	1	0	0	0	0	0	1	0.0	
8 Used daily	0	0	1	0	0	0	2	0.0	
Valid responses =	1947	27	4983	69	84	1	7,195	99.4	

Invalid responses include no response or multiple responses.

**8B5.. Within the last thirty days, on how many days did you use: Inhalants (glue, solvents, gas)?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Never used	1917	99	4932	99	81	99	7,105	98.7	
2 Have used, but not in last 30	23	1	48	1	1	1	78	1.1	
3 1 - 2 days	3	0	2	0	0	0	5	0.1	
4 3 - 5 days	1	0	1	0	0	0	2	0.0	
5 6 - 9 days	1	0	1	0	0	0	2	0.0	
6 10 - 19 days	1	0	0	0	0	0	1	0.0	
7 20 - 29 days	0	0	0	0	0	0	0	0.0	
8 Used daily	1	0	1	0	0	0	3	0.0	
Valid responses =	1947	27	4985	69	82	1	7,196	99.4	

Invalid responses include no response or multiple responses.

**8B6. Within the last thirty days, on how many days did you use: MDMA (Ecstasy)?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Never used	1723	89	4483	90	73	89	6,434	89.5	
2 Have used, but not in last 30	186	10	439	9	8	10	651	9.1	
3 1 - 2 days	33	2	46	1	1	1	86	1.2	
4 3 - 5 days	1	0	5	0	0	0	6	0.1	
5 6 - 9 days	3	0	5	0	0	0	8	0.1	
6 10 - 19 days	0	0	1	0	0	0	1	0.0	
7 20 - 29 days	0	0	2	0	0	0	3	0.0	
8 Used daily	0	0	0	0	0	0	1	0.0	
Valid responses =	1946	27	4981	69	82	1	7,190	99.3	

Invalid responses include no response or multiple responses.

**8B7. Within the last thirty days, on how many days did you use: Other club drugs (GHB, Ketamine, Rohypnol)?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Never used	1870	96	4847	97	79	98	6,968	96.8	
2 Have used, but not in last 30	71	4	120	2	2	3	202	2.8	
3 1 - 2 days	3	0	7	0	0	0	10	0.1	
4 3 - 5 days	0	0	7	0	0	0	7	0.1	
5 6 - 9 days	3	0	5	0	0	0	8	0.1	
6 10 - 19 days	0	0	0	0	0	0	0	0.0	
7 20 - 29 days	0	0	0	0	0	0	0	0.0	
8 Used daily	0	0	0	0	0	0	1	0.0	
Valid responses =	1947	27	4986	69	81	1	7,196	99.4	

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)  
Reference Group Data Report - Spring 2016**

American College Health Association  
1362 Mellon Road, Suite 180  
Hanover, MD 21076  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**8B8. Within the last thirty days, on how many days did you use:**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Never used	1821	93	4711	95	78	96	6,778	94.2	
2 Have used, but not in last 30	116	6	236	5	3	4	367	5.1	
3 1 - 2 days	6	0	26	1	0	0	33	0.5	
4 3 - 5 days	2	0	4	0	0	0	6	0.1	
5 6 - 9 days	3	0	2	0	0	0	5	0.1	
6 10 - 19 days	0	0	1	0	0	0	1	0.0	
7 20 - 29 days	0	0	1	0	0	0	1	0.0	
8 Used daily	1	0	3	0	0	0	5	0.1	
Valid responses =	1949	27	4984	69	81	1	7,196	99.4	

Invalid responses include no response or multiple responses.

**9A1. Within the last thirty days, how often do you think the typical student at your school used:  
Cigarettes?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Never used	212	11	413	8	9	11	654	9.2	
2 Have used, but not in last 30	286	15	564	11	9	11	878	12.3	
3 1 - 2 days	295	15	580	12	10	13	909	12.7	
4 3 - 5 days	310	16	666	14	10	13	1,008	14.1	
5 6 - 9 days	267	14	591	12	8	10	887	12.4	
6 10 - 19 days	242	13	741	15	13	16	1,023	14.3	
7 20 - 29 days	70	4	325	7	5	6	415	5.8	
8 Used daily	249	13	1069	22	16	20	1,367	19.1	
Valid responses =	1931	27	4949	69	80	1	7,141	98.6	

Invalid responses include no response or multiple responses.

**9A10. Within the last thirty days, how often do you think the typical student at your school used:  
E-cigarettes?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Never used	284	15	627	13	12	15	947	13.3	
2 Have used, but not in last 30	247	13	465	9	9	11	740	10.4	
3 1 - 2 days	315	16	697	14	11	14	1,051	14.8	
4 3 - 5 days	303	16	648	13	9	11	978	13.8	
5 6 - 9 days	246	13	606	12	8	10	895	12.6	
6 10 - 19 days	217	11	685	14	9	11	932	13.1	
7 20 - 29 days	102	5	354	7	9	11	475	6.7	
8 Used daily	211	11	841	17	13	16	1,091	15.3	
Valid responses =	1925	27	4923	69	80	1	7,109	98.2	

Invalid responses include no response or multiple responses.

**9A2. Within the last thirty days, how often do you think the typical student at your school used:  
Tobacco from a water pipe (hookah)?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Never used	414	22	832	17	19	24	1,303	18.4	
2 Have used, but not in last 30	440	23	873	18	13	16	1,357	19.1	
3 1 - 2 days	450	23	1111	23	14	18	1,620	22.8	
4 3 - 5 days	259	14	722	15	9	11	1,009	14.2	
5 6 - 9 days	145	8	529	11	4	5	703	9.9	
6 10 - 19 days	107	6	428	9	14	18	561	7.9	
7 20 - 29 days	41	2	208	4	4	5	257	3.6	
8 Used daily	64	3	216	4	3	4	290	4.1	
Valid responses =	1920	27	4919	69	80	1	7,100	98.1	

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)  
Reference Group Data Report - Spring 2016**





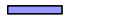



American College Health Association  
1362 Mellon Road, Suite 180  
Hanover, MD 21076  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**9A3. Within the last thirty days, how often do you think the typical student at your school used:**









**Cigars, little cigars, clove cigarettes?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	382	20	854	17	19	24	1,289	18.2	
2 Have used, but not in last 30	444	23	1011	21	11	14	1,499	21.1	
3 1 - 2 days	461	24	1095	22	14	18	1,610	22.7	
4 3 - 5 days	274	14	666	14	9	11	977	13.8	
5 6 - 9 days	148	8	478	10	4	5	648	9.1	
6 10 - 19 days	102	5	357	7	13	16	480	6.8	
7 20 - 29 days	38	2	184	4	4	5	232	3.3	
8 Used daily	74	4	267	5	6	8	360	5.1	
Valid responses =	1923	27	4912	69	80	1	7,095	98.0	

Invalid responses include no response or multiple responses.

**9A4. Within the last thirty days, how often do you think the typical student at your school used:**







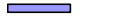

**Smokeless tobacco?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	559	29	1169	24	21	26	1,800	25.4	
2 Have used, but not in last 30	382	20	959	20	14	18	1,388	19.6	
3 1 - 2 days	378	20	915	19	11	14	1,335	18.8	
4 3 - 5 days	234	12	560	11	7	9	820	11.6	
5 6 - 9 days	148	8	431	9	5	6	603	8.5	
6 10 - 19 days	95	5	355	7	8	10	467	6.6	
7 20 - 29 days	43	2	211	4	6	8	268	3.8	
8 Used daily	81	4	307	6	8	10	406	5.7	
Valid responses =	1920	27	4907	69	80	1	7,087	97.9	

Invalid responses include no response or multiple responses.

**9A5. Within the last thirty days, how often do you think the typical student at your school used:**









**Alcohol (beer, wine, liquor)?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	76	4	192	4	6	8	279	3.9	
2 Have used, but not in last 30	26	1	84	2	5	6	118	1.7	
3 1 - 2 days	127	7	377	8	7	9	528	7.4	
4 3 - 5 days	257	13	461	9	10	13	753	10.5	
5 6 - 9 days	406	21	931	19	12	15	1,382	19.4	
6 10 - 19 days	574	30	1429	29	18	23	2,065	28.9	
7 20 - 29 days	246	13	762	15	9	11	1,049	14.7	
8 Used daily	224	12	706	14	13	16	965	13.5	
Valid responses =	1936	27	4942	69	80	1	7,139	98.6	

Invalid responses include no response or multiple responses.

**9A6. Within the last thirty days, how often do you think the typical student at your school used:**

**Marijuana (pot, weed, hashish, hash oil)?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	170	9	419	9	12	15	615	8.6	
2 Have used, but not in last 30	151	8	310	6	6	8	480	6.7	
3 1 - 2 days	344	18	620	13	14	18	1,005	14.1	
4 3 - 5 days	310	16	701	14	8	10	1,048	14.7	
5 6 - 9 days	377	20	892	18	15	19	1,311	18.4	
6 10 - 19 days	320	17	970	20	10	13	1,339	18.8	
7 20 - 29 days	110	6	471	10	6	8	602	8.5	
8 Used daily	152	8	537	11	9	11	714	10.0	
Valid responses =	1934	27	4920	69	80	1	7,114	98.3	

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**9A7. Within the last thirty days, how often do you think the typical student at your school used:**

**Cocaine (crack, rock, freebase)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	893	47	1821	37	26	33	2,803	39.6
2 Have used, but not in last 30	418	22	1146	23	16	20	1,625	22.9
3 1 - 2 days	329	17	921	19	19	24	1,310	18.5
4 3 - 5 days	140	7	416	9	8	10	574	8.1
5 6 - 9 days	60	3	262	5	4	5	333	4.7
6 10 - 19 days	35	2	182	4	2	3	224	3.2
7 20 - 29 days	25	1	90	2	2	3	121	1.7
8 Used daily	22	1	65	1	3	4	96	1.4
Valid responses =	1922	27	4903	69	80	1	7,086	97.9

Invalid responses include no response or multiple responses.

**9A8. Within the last thirty days, how often do you think the typical student at your school used:**

**Methamphetamine (crystal meth, ice, crank)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	1176	61	2584	53	36	45	3,876	54.6
2 Have used, but not in last 30	361	19	1005	21	16	20	1,431	20.2
3 1 - 2 days	227	12	689	14	16	20	963	13.6
4 3 - 5 days	69	4	251	5	3	4	329	4.6
5 6 - 9 days	36	2	159	3	4	5	204	2.9
6 10 - 19 days	20	1	102	2	1	1	125	1.8
7 20 - 29 days	20	1	67	1	2	3	93	1.3
8 Used daily	17	1	53	1	2	3	76	1.1
Valid responses =	1926	27	4910	69	80	1	7,097	98.0

Invalid responses include no response or multiple responses.

**9A9. Within the last thirty days, how often do you think the typical student at your school used:**

**Other amphetamine (diet pills, bennies)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	940	49	1886	39	29	37	2,917	41.1
2 Have used, but not in last 30	410	21	1117	23	19	24	1,592	22.5
3 1 - 2 days	273	14	773	16	13	17	1,090	15.4
4 3 - 5 days	132	7	405	8	7	9	557	7.9
5 6 - 9 days	73	4	305	6	4	5	393	5.5
6 10 - 19 days	51	3	199	4	1	1	259	3.7
7 20 - 29 days	20	1	109	2	4	5	137	1.9
8 Used daily	27	1	111	2	2	3	146	2.1
Valid responses =	1926	27	4905	69	79	1	7,091	97.9

Invalid responses include no response or multiple responses.

**9B1. Within the last thirty days, how often do you think the typical student at your school used:**

**Sedatives (downers, ludes)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	894	47	1743	36	30	38	2,730	38.5
2 Have used, but not in last 30	412	21	1095	22	19	24	1,567	22.1
3 1 - 2 days	297	15	891	18	11	14	1,234	17.4
4 3 - 5 days	147	8	494	10	7	9	663	9.3
5 6 - 9 days	77	4	292	6	5	6	385	5.4
6 10 - 19 days	47	2	210	4	3	4	266	3.7
7 20 - 29 days	27	1	126	3	3	4	161	2.3
8 Used daily	23	1	60	1	1	1	88	1.2
Valid responses =	1924	27	4911	69	79	1	7,094	98.0

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**9B2. Within the last thirty days, how often do you think the typical student at your school used:**

**Hallucinogens (LSD, PCP)?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	840	44	1797	37	29	37	2,720	38.4	<div></div>
2 Have used, but not in last 30	487	25	1292	26	22	28	1,855	26.2	<div></div>
3 1 - 2 days	319	17	914	19	13	17	1,283	18.1	<div></div>
4 3 - 5 days	138	7	422	9	7	9	581	8.2	<div></div>
5 6 - 9 days	66	3	219	5	3	4	294	4.2	<div></div>
6 10 - 19 days	34	2	135	3	2	3	174	2.5	<div></div>
7 20 - 29 days	25	1	92	2	2	3	126	1.8	<div></div>
8 Used daily	16	1	29	1	1	1	50	0.7	<div></div>
Valid responses =	1925	27	4900	69	79	1	7,083	97.8	

Invalid responses include no response or multiple responses.

**9B3. Within the last thirty days, how often do you think the typical student at your school used:**

**Anabolic steroids (Testosterone)?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	957	50	1948	40	32	41	3,000	42.4	<div></div>
2 Have used, but not in last 30	336	18	971	20	17	22	1,365	19.3	<div></div>
3 1 - 2 days	270	14	802	16	9	11	1,116	15.8	<div></div>
4 3 - 5 days	142	7	472	10	13	17	644	9.1	<div></div>
5 6 - 9 days	104	5	297	6	2	3	409	5.8	<div></div>
6 10 - 19 days	60	3	227	5	2	3	297	4.2	<div></div>
7 20 - 29 days	29	2	130	3	3	4	167	2.4	<div></div>
8 Used daily	22	1	56	1	1	1	84	1.2	<div></div>
Valid responses =	1920	27	4903	69	79	1	7,082	97.8	

Invalid responses include no response or multiple responses.

**9B4. Within the last thirty days, how often do you think the typical student at your school used:**

**Opiates (heroin, smack)?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	1191	62	2584	53	42	53	3,903	55.2	<div></div>
2 Have used, but not in last 30	340	18	1022	21	17	22	1,425	20.1	<div></div>
3 1 - 2 days	228	12	658	13	9	11	926	13.1	<div></div>
4 3 - 5 days	75	4	291	6	7	9	379	5.4	<div></div>
5 6 - 9 days	34	2	148	3	0	0	185	2.6	<div></div>
6 10 - 19 days	15	1	92	2	2	3	110	1.6	<div></div>
7 20 - 29 days	20	1	74	2	1	1	99	1.4	<div></div>
8 Used daily	12	1	28	1	1	1	45	0.6	<div></div>
Valid responses =	1915	27	4897	69	79	1	7,072	97.7	

Invalid responses include no response or multiple responses.

**9B5. Within the last thirty days, how often do you think the typical student at your school used:**

**Inhalants (glue, solvents, gas)?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never used	1178	61	2657	54	44	56	3,962	55.9	<div></div>
2 Have used, but not in last 30	365	19	1042	21	11	14	1,463	20.6	<div></div>
3 1 - 2 days	217	11	665	14	11	14	923	13.0	<div></div>
4 3 - 5 days	70	4	246	5	6	8	331	4.7	<div></div>
5 6 - 9 days	41	2	126	3	2	3	171	2.4	<div></div>
6 10 - 19 days	19	1	81	2	2	3	104	1.5	<div></div>
7 20 - 29 days	15	1	66	1	0	0	85	1.2	<div></div>
8 Used daily	16	1	22	0	3	4	46	0.6	<div></div>
Valid responses =	1921	27	4905	69	79	1	7,085	97.9	

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)  
Reference Group Data Report - Spring 2016**

American College Health Association  
1362 Mellon Road, Suite 180  
Hanover, MD 21076  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**9B6. Within the last thirty days, how often do you think the typical student at your school used:  
MDMA (Ecstasy)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	711	37	1477	30	27	34	2,265	32.0
2 Have used, but not in last 30	449	23	1301	27	22	28	1,821	25.7
3 1 - 2 days	390	20	977	20	14	18	1,426	20.1
4 3 - 5 days	170	9	526	11	5	6	719	10.2
5 6 - 9 days	111	6	292	6	4	5	411	5.8
6 10 - 19 days	46	2	193	4	3	4	248	3.5
7 20 - 29 days	27	1	108	2	1	1	141	2.0
8 Used daily	15	1	27	1	3	4	49	0.7
Valid responses =	1919	27	4901	69	79	1	7,080	97.8

Invalid responses include no response or multiple responses.

**9B7. Within the last thirty days, how often do you think the typical student at your school used:  
Other club drugs (GHB, Ketamine, Rohypnol)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	962	50	2059	42	34	43	3,119	44.0
2 Have used, but not in last 30	380	20	1124	23	18	23	1,569	22.1
3 1 - 2 days	303	16	838	17	13	17	1,189	16.8
4 3 - 5 days	123	6	438	9	5	6	581	8.2
5 6 - 9 days	81	4	197	4	2	3	288	4.1
6 10 - 19 days	35	2	133	3	2	3	174	2.5
7 20 - 29 days	25	1	86	2	3	4	117	1.7
8 Used daily	13	1	28	1	2	3	47	0.7
Valid responses =	1922	27	4903	69	79	1	7,084	97.8

Invalid responses include no response or multiple responses.

**9B8. Within the last thirty days, how often do you think the typical student at your school used:  
Other illegal drugs?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	876	46	1869	38	31	39	2,839	40.1
2 Have used, but not in last 30	448	23	1197	25	17	22	1,707	24.1
3 1 - 2 days	314	16	871	18	12	15	1,236	17.5
4 3 - 5 days	124	7	406	8	8	10	549	7.8
5 6 - 9 days	68	4	227	5	1	1	307	4.3
6 10 - 19 days	45	2	151	3	1	1	201	2.8
7 20 - 29 days	27	1	121	3	6	8	156	2.2
8 Used daily	19	1	52	1	3	4	79	1.1
Valid responses =	1921	27	4894	69	79	1	7,074	97.7

Invalid responses include no response or multiple responses.

**10. The last time you "partied"/socialized, how many alcoholic drinks did you have?**

	Male		Female		Unknown		Total	
Drinks	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0	514	26	1081	22	21	27	1,665	23.2
1-2	360	19	1110	22	16	21	1,519	21.2
3-4	307	16	943	19	17	22	1,291	18.0
5-6	270	14	863	17	11	14	1,176	16.4
7-8	162	8	463	9	7	9	647	9.0
9-10	147	8	281	6	1	1	443	6.2
11-12	47	2	83	2	0	0	132	1.8
13-14	21	1	30	1	0	0	53	0.7
15-16	56	3	57	1	1	1	119	1.7
GE 17	62	3	49	1	3	4	120	1.7
Valid responses=	1946	27	4960	69	77	1	7,165	99.0

Invalid responses include no response or multiple responses.

	Mean	Median	Std Dev	Min	Max
Male	4.56	3.00	5.22	0	50
Female	3.90	3.00	4.01	0	60
Overall	4.10	3.00	4.47	0	65

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016** **Canadian Consortium Alberta**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**11. The last time you "partied"/socialized, how many hours did you drink alcohol?**

Hours	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
0	513	27	1087	22	20	26	1,668	23.6	
1-2	263	14	625	13	13	17	921	13.0	
3-4	525	27	1298	27	20	26	1,891	26.7	
5-6	432	23	1424	29	17	22	1,916	27.1	
7-8	121	6	370	8	5	7	509	7.2	
9-10	35	2	56	1	0	0	94	1.3	
11-12	15	1	29	1	2	3	47	0.7	
13-14	4	0	4	0	0	0	9	0.1	
15-16	2	0	2	0	0	0	4	0.1	
GE 17	5	0	8	0	0	0	13	0.2	
Valid responses =	1915	27	4903	69	77	1	7,072	97.7	

Invalid responses include no response or multiple responses.

	Mean	Median	Std Dev	Min	Max
Male	3.28	3.00	3.03	0	48
Female	3.52	4.00	2.68	0	35
Overall	3.44	4.00	2.78	0	48

**12. How many drinks of alcohol do you think the typical student at your school had the last time he/she "partied"/socialized?**

Drinks	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
0	91	5	203	4	8	11	307	4.3	
1-2	142	7	238	5	7	9	399	5.6	
3-4	497	26	1069	22	16	21	1,629	22.9	
5-6	643	33	1687	34	23	30	2,406	33.7	
7-8	290	15	869	18	10	13	1,193	16.7	
9-10	177	9	624	13	5	7	827	11.6	
11-12	45	2	98	2	4	5	153	2.1	
13-14	4	0	15	0	0	0	19	0.3	
15-16	28	1	89	2	2	3	123	1.7	
GE 17	22	1	45	1	1	1	73	1.0	
Valid responses=	1939	27	4937	69	76	1	7,129	98.5	

Invalid responses include no response or multiple responses.

	Mean	Median	Std Dev	Min	Max
Male	5.67	5.00	3.76	0	80
Female	6.06	5.00	3.5	0	60
Overall	5.96	5.00	3.67	0	80

**13. Over the last two weeks, how many times have you had five or more drinks of alcohol at a sitting?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 N/A, Don't drink	418	21	869	17	21	26	1,345	18.7	
2 None	799	41	2364	47	32	39	3,279	45.5	
3 1 time	302	16	930	19	13	16	1,273	17.7	
4 2 times	198	10	425	9	6	7	644	8.9	
5 3 times	72	4	155	3	3	4	234	3.2	
6 4 times	68	4	82	2	2	2	154	2.1	
7 5 times	42	2	53	1	2	2	98	1.4	
8 6 times	16	1	46	1	2	2	68	0.9	
9 7 times	10	1	31	1	1	1	45	0.6	
10 8 times	10	1	14	0	0	0	25	0.3	
11 9 times	6	0	8	0	0	0	14	0.2	
12 10 or more times	10	1	12	0	0	0	25	0.3	
Valid responses=	1951	27	4989	69	82	1	7,204	99.5	

Invalid responses include no response or multiple responses.

**14A. Within the last thirty days, did you: Drive after drinking any alcohol at all?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Not applicable/Don't drive	338	17	887	18	20	25	1,298	18.0	
2 Not applicable/Don't drink	331	17	696	14	17	21	1,069	14.9	
3 No	840	43	2533	51	23	28	3,474	48.3	
4 Yes	438	23	867	17	21	26	1,352	18.8	
Valid responses =	1947	27	4983	69	81	1	7,193	99.4	

Invalid responses include no response or multiple responses.





**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT







Number of Surveys (n) = 7240 Web Surveys

**14B. Within the last thirty days, did you:** Drive after having 5 or more drinks?

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Not applicable/Don't drive	347	18	893	18	22	28	1,315	18.3	
2 Not applicable/Don't drink	329	17	696	14	15	19	1,065	14.8	
3 No	1246	64	3344	67	38	48	4,729	65.9	
4 Yes	24	1	39	1	4	5	70	1.0	
Valid responses =	1946	27	4972	69	79	1	7,179	99.2	







Invalid responses include no response or multiple responses.

**15A. During the last 12 months, when you "partied"/socialized, how often did you:** Alternate non-alcoholic with alcoholic beverages?

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Not applicable/Don't drink	433	22	885	18	21	27	1,377	19.1	
2 Never	321	17	547	11	9	12	895	12.4	
3 Rarely	324	17	780	16	19	24	1,151	16.0	
4 Sometimes	442	23	1274	26	13	17	1,779	24.7	
5 Most of the time	308	16	1044	21	8	10	1,394	19.4	
6 Always	117	6	462	9	8	10	600	8.3	
Valid responses=	1945	27	4992	69	78	1	7,196	99.4	







Invalid responses include no response or multiple responses.

**15B. During the last 12 months, when you "partied"/socialized, how often did you:** Avoid drinking games?

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Not applicable/Don't drink	424	22	862	17	19	24	1,341	18.7	
2 Never	392	20	885	18	14	18	1,326	18.5	
3 Rarely	350	18	996	20	14	18	1,395	19.4	
4 Sometimes	279	14	823	17	10	13	1,138	15.8	
5 Most of the time	259	13	672	14	9	12	963	13.4	
6 Always	240	12	745	15	12	15	1,022	14.2	
Valid responses=	1944	27	4983	69	78	1	7,185	99.2	







Invalid responses include no response or multiple responses.

**15C. During the last 12 months, when you "partied"/socialized, how often did you:** Choose not to drink alcohol?

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Not applicable/Don't drink	398	21	762	15	17	22	1,210	16.9	
2 Never	207	11	344	7	5	7	579	8.1	
3 Rarely	396	20	929	19	17	22	1,379	19.2	
4 Sometimes	598	31	1829	37	20	26	2,500	34.8	
5 Most of the time	285	15	931	19	15	20	1,260	17.6	
6 Always	61	3	180	4	3	4	250	3.5	
Valid responses=	1945	27	4975	69	77	1	7,178	99.1	







Invalid responses include no response or multiple responses.

**15D. During the last 12 months, when you "partied"/socialized, how often did you:** Determine, in advance, not to exceed a set number of drinks?

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Not applicable/Don't drink	431	22	876	18	21	27	1,364	19.0	
2 Never	432	22	915	18	10	13	1,402	19.5	
3 Rarely	215	11	718	14	11	14	966	13.5	
4 Sometimes	296	15	992	20	14	18	1,336	18.6	
5 Most of the time	324	17	787	16	15	20	1,149	16.0	
6 Always	247	13	690	14	6	8	964	13.4	
Valid responses=	1945	27	4978	69	77	1	7,181	99.2	

Invalid responses include no response or multiple responses.

**15E. During the last 12 months, when you "partied"/socialized, how often did you:** Eat before and/or during drinking?

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Not applicable/Don't drink	424	22	863	17	22	29	1,347	18.7	
2 Never	25	1	36	1	1	1	65	0.9	
3 Rarely	34	2	100	2	4	5	142	2.0	
4 Sometimes	235	12	556	11	11	15	827	11.5	
5 Most of the time	757	39	1962	39	21	28	2,807	39.0	
6 Always	472	24	1475	30	17	22	2,009	27.9	
Valid responses=	1947	27	4992	69	76	1	7,197	99.4	

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)  
Reference Group Data Report - Spring 2016 Canadian Consortium Alberta**

American College Health Association  
1362 Mellon Road, Suite 180  
Hanover, MD 21076  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**15F. During the last 12 months, when you "partied"/socialized, how often did you:  
Have a friend let you know when you've had enough?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not applicable/Don't drink	434	22	918	18	21	28	1,412	19.7
2 Never	555	29	1145	23	15	20	1,770	24.6
3 Rarely	334	17	801	16	10	13	1,165	16.2
4 Sometimes	231	12	702	14	14	19	976	13.6
5 Most of the time	204	11	675	14	7	9	905	12.6
6 Always	187	10	741	15	8	11	956	13.3
Valid responses=	1945	27	4982	69	75	1	7,184	99.2

Invalid responses include no response or multiple responses.

**15G. During the last 12 months, when you "partied"/socialized, how often did you:  
Keep track of how many drinks you were having?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not applicable/Don't drink	425	22	880	18	21	28	1,366	19.0
2 Never	164	8	342	7	8	11	528	7.3
3 Rarely	189	10	504	10	11	15	724	10.1
4 Sometimes	233	12	740	15	7	9	1,004	14.0
5 Most of the time	385	20	1044	21	13	17	1,477	20.5
6 Always	551	28	1477	30	16	21	2,093	29.1
Valid responses=	1947	27	4987	69	76	1	7,192	99.3

Invalid responses include no response or multiple responses.

**15H. During the last 12 months, when you "partied"/socialized, how often did you:  
Pace your drinks to 1 or fewer per hour?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not applicable/Don't drink	431	22	889	18	21	28	1,381	19.3
2 Never	406	21	793	16	9	12	1,251	17.5
3 Rarely	358	19	848	17	16	22	1,252	17.5
4 Sometimes	358	19	1070	22	12	16	1,472	20.5
5 Most of the time	263	14	794	16	9	12	1,083	15.1
6 Always	124	6	580	12	7	10	730	10.2
Valid responses=	1940	27	4974	69	74	1	7,169	99.0

Invalid responses include no response or multiple responses.

**15I. During the last 12 months, when you "partied"/socialized, how often did you:  
Stay with the same group of friends the entire time you were drinking?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not applicable/Don't drink	427	22	872	18	22	29	1,359	18.9
2 Never	31	2	29	1	2	3	67	0.9
3 Rarely	44	2	81	2	5	7	132	1.8
4 Sometimes	157	8	290	6	6	8	470	6.5
5 Most of the time	706	36	1499	30	19	25	2,274	31.6
6 Always	579	30	2216	44	21	28	2,886	40.2
Valid responses=	1944	27	4987	69	75	1	7,188	99.3

Invalid responses include no response or multiple responses.

**15J. During the last 12 months, when you "partied"/socialized, how often did you:  
Stick with only one kind of alcohol when drinking?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not applicable/Don't drink	428	22	877	18	21	28	1,364	19.0
2 Never	78	4	152	3	2	3	241	3.4
3 Rarely	215	11	628	13	11	15	879	12.2
4 Sometimes	461	24	1286	26	15	20	1,805	25.1
5 Most of the time	599	31	1509	30	21	28	2,183	30.4
6 Always	163	8	529	11	5	7	710	9.9
Valid responses=	1944	27	4981	69	75	1	7,182	99.2

Invalid responses include no response or multiple responses.

**15K. During the last 12 months, when you "partied"/socialized, how often did you:  
Use a designated driver?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Not applicable/Don't drink	434	22	894	18	21	28	1,386	19.3
2 Never	90	5	71	1	4	5	172	2.4
3 Rarely	57	3	74	2	5	7	139	1.9
4 Sometimes	186	10	329	7	3	4	531	7.4
5 Most of the time	334	17	721	15	10	13	1,091	15.2
6 Always	841	43	2892	58	32	43	3,861	53.8
Valid responses=	1942	27	4981	69	75	1	7,180	99.2

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)  
Reference Group Data Report - Spring 2016**

American College Health Association  
1362 Mellon Road, Suite 180  
Hanover, MD 21076  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**16A. Within the last 12 months, have you experienced any of the following when drinking alcohol:  
Did something you later regretted?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A, Don't drink	426	22	871	17	22	29	1,356	18.8
2 No	996	51	2517	50	35	46	3,642	50.5
3 Yes	532	27	1609	32	20	26	2,212	30.7
Valid responses =	1954	27	4997	69	77	1	7,210	99.6

Invalid responses include no response or multiple responses.

**16B. Within the last 12 months, have you experienced any of the following when drinking alcohol:  
Forgot where you were or what you did?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A, Don't drink	427	22	870	17	21	28	1,356	18.8
2 No	1122	58	2960	59	38	50	4,223	58.7
3 Yes	403	21	1160	23	17	22	1,621	22.5
Valid responses =	1952	27	4990	69	76	1	7,200	99.4

Invalid responses include no response or multiple responses.

**16C. Within the last 12 months, have you experienced any of the following when drinking alcohol:  
Got in trouble with the police?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A, Don't drink	422	22	871	18	22	29	1,352	18.8
2 No	1479	76	4064	82	54	71	5,737	79.8
3 Yes	46	2	47	1	0	0	98	1.4
Valid responses =	1947	27	4982	69	76	1	7,187	99.3

Invalid responses include no response or multiple responses.

**16D. Within the last 12 months, have you experienced any of the following when drinking alcohol:  
Someone had sex with me without my consent?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A, Don't drink	426	22	876	18	22	29	1,361	18.9
2 No	1509	77	4003	80	53	70	5,703	79.3
3 Yes	15	1	109	2	1	1	132	1.8
Valid responses =	1950	27	4988	69	76	1	7,196	99.4

Invalid responses include no response or multiple responses.

**16E. Within the last 12 months, have you experienced any of the following when drinking alcohol:  
Had sex with someone without their consent?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A, Don't drink	426	22	875	18	22	29	1,360	18.9
2 No	1517	78	4105	82	53	70	5,817	80.9
3 Yes	8	0	6	0	1	1	17	0.2
Valid responses =	1951	27	4986	69	76	1	7,194	99.4

Invalid responses include no response or multiple responses.

**16F. Within the last 12 months, have you experienced any of the following when drinking alcohol:  
Had unprotected sex?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A, Don't drink	427	22	873	18	23	30	1,360	18.9
2 No	1170	60	3085	62	42	55	4,407	61.2
3 Yes	356	18	1034	21	12	16	1,437	19.9
Valid responses =	1953	27	4992	69	77	1	7,204	99.5

Invalid responses include no response or multiple responses.

**16G. Within the last 12 months, have you experienced any of the following when drinking alcohol:  
Physically injured yourself?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A, Don't drink	425	22	868	17	21	28	1,350	18.7
2 No	1280	66	3369	68	44	58	4,800	66.6
3 Yes	248	13	754	15	11	15	1,052	14.6
Valid responses =	1953	27	4991	69	76	1	7,202	99.5

Invalid responses include no response or multiple responses.

**16H. Within the last 12 months, have you experienced any of the following when drinking alcohol:  
Physically injured another person?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A, Don't drink	425	22	871	17	22	29	1,354	18.8
2 No	1478	76	4042	81	53	70	5,716	79.4
3 Yes	47	2	79	2	1	1	130	1.8
Valid responses =	1950	27	4992	69	76	1	7,200	99.4

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**16I. Within the last 12 months, have you experienced any of the following when drinking alcohol:**  
**Seriously considered suicide?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A, Don't drink	425	22	871	18	20	27	1,352	18.8
2 No	1461	75	3898	78	51	69	5,533	76.9
3 Yes	67	3	215	4	3	4	308	4.3
Valid responses =	1953	27	4984	69	74	1	7,193	99.4

Invalid responses include no response or multiple responses.

**17A. Within the last 30 days, what percent of students at your school used cigarettes? State your best estimate.**

	Male		Female		Unknown		Total	
Percent	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0	18	1	46	1	1	2	68	1.0
1-10	543	28	665	14	11	18	1,254	17.6
11-20	557	29	940	19	11	18	1,550	21.8
21-30	369	19	1020	21	14	22	1,433	20.1
31-40	208	11	767	16	4	6	1,007	14.2
41-50	112	6	710	14	12	19	854	12.0
51-60	59	3	308	6	2	3	378	5.3
61-70	38	2	251	5	2	3	298	4.2
71-80	21	1	206	4	2	3	232	3.3
81-90	3	0	24	1	3	5	31	0.4
91-99	3	0	5	0	1	2	9	0.1
Valid responses =	1931	27	4942	69	63	1	7,114	98.3

Invalid responses include no response or multiple responses.

	Mean	Median	Std Dev	Min	Max
Male	23.68	20.00	16.74	0	99
Female	34.16	30.00	19.86	0	100
Overall	31.24	30.00	19.69	0	100

**17B. Within the last 30 days, what percent of students at your school used alcohol? State your best estimate.**

	Male		Female		Unknown		Total	
Percent	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0	20	1	57	1	1	2	82	1.2
1-10	31	2	68	1	2	3	105	1.5
11-20	36	2	50	1	2	3	91	1.3
21-30	41	2	106	2	1	2	152	2.1
31-40	82	4	134	3	3	5	226	3.2
41-50	143	7	289	6	5	8	449	6.3
51-60	195	10	397	8	6	10	619	8.7
61-70	265	14	669	14	3	5	955	13.5
71-80	563	29	1534	31	25	40	2,180	30.7
81-90	400	21	1303	26	9	14	1,752	24.7
91-99	144	8	323	7	6	10	480	6.8
Valid responses =	1920	27	4930	70	63	1	7,091	97.9

Invalid responses include no response or multiple responses.

	Mean	Median	Std Dev	Min	Max
Male	70.72	75.00	20.94	0	100
Female	73.12	80.00	19.65	0	100
Overall	72.35	80.00	20.15	0	100

**17C. Within the last 30 days, what percent of students at your school used marijuana? State your best estimate.**

	Male		Female		Unknown		Total	
Percent	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0	65	3	142	3	3	5	215	3.0
1-10	329	17	524	11	9	14	881	12.4
11-20	291	15	576	12	7	11	900	12.7
21-30	333	17	752	15	11	18	1,126	15.9
31-40	299	16	745	15	8	13	1,075	15.2
41-50	255	13	763	16	8	13	1,055	14.9
51-60	151	8	530	11	8	13	701	9.9
61-70	100	5	426	9	2	3	541	7.6
71-80	78	4	367	8	4	6	461	6.5
81-90	20	1	83	2	3	5	112	1.6
91-99	4	0	17	0	0	0	22	0.3
Valid responses =	1925	27	4925	69	63	1	7,089	97.9

Invalid responses include no response or multiple responses.

	Mean	Median	Std Dev	Min	Max
Male	33.55	30.00	21.92	0	100
Female	40.52	40.00	22.69	0	100
Overall	38.59	40.00	22.76	0	100

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**18A. Within the last 12 months, have you taken any of the following prescription drugs that were not prescribed to you:**

**Antidepressants (e.g., Celexa, Lexapro, Prozac, Wellbutrin, Zoloft)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1915	98	4815	97	63	94	6,966	96.9
2 Yes	38	2	173	4	4	6	224	3.1
Valid responses =	1953	27	4988	69	67	1	7,190	99.3

Invalid responses include no response or multiple responses.

**18B. Within the last 12 months, have you taken any of the following prescription drugs that were not prescribed to you:**

**Erectile dysfunction drugs (e.g., Viagra, Cialis, Levitra)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1926	99	4965	100	66	97	7,135	99.2
2 Yes	29	2	22	0	2	3	56	0.8
Valid responses =	1955	27	4987	69	68	1	7,191	99.3

Invalid responses include no response or multiple responses.

**18C. Within the last 12 months, have you taken any of the following prescription drugs that were not prescribed to you:**

**Pain killers (e.g., OxyContin, Vicodin, Codeine)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1851	95	4637	93	61	91	6,714	93.4
2 Yes	102	5	353	7	6	9	478	6.6
Valid responses =	1953	27	4990	69	67	1	7,192	99.3

Invalid responses include no response or multiple responses.

**18D. Within the last 12 months, have you taken any of the following prescription drugs that were not prescribed to you:**

**Sedatives (e.g., Xanax, Valium)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1913	98	4865	98	65	97	7,016	97.7
2 Yes	39	2	114	2	2	3	164	2.3
Valid responses =	1952	27	4979	69	67	1	7,180	99.2

Invalid responses include no response or multiple responses.

**18E. Within the last 12 months, have you taken any of the following prescription drugs that were not prescribed to you:**

**Stimulants (e.g., Ritalin, Adderall)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1837	94	4761	96	65	96	6,833	95.1
2 Yes	116	6	218	4	3	4	349	4.9
Valid responses =	1953	27	4979	69	68	1	7,182	99.2

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**19. Within the last 12 months, with how many partners have you had oral sex, vaginal intercourse or anal intercourse?**

Partners	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
0	647	34	1260	25	20	31	1,982	27.8	
1	810	42	2535	51	29	45	3,449	48.4	
2	142	7	473	10	3	5	632	8.9	
3	109	6	240	5	5	8	370	5.2	
4	64	3	157	3	3	5	229	3.2	
5	50	3	114	2	3	5	170	2.4	
6	28	2	64	1	0	0	95	1.3	
7	16	1	31	1	0	0	49	0.7	
8	14	1	23	1	1	2	38	0.5	
GE 9	45	2	60	1	0	0	110	1.5	
Valid responses =	1925	27	4957	70	64	1	7,124	98.4	

Invalid responses include no response or multiple responses.

	Mean	Median	Std Dev	Min	Max
Male	1.59	1.00	3.39	0	90
Female	1.44	1.00	2.68	0	90
Overall	1.49	1.00	2.95	0	90

**20A. Within the last 12 months, did you have sexual partner(s) who were: Women?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	689	36	4696	96	50	82	5,563	78.6	
2 Yes	1251	65	202	4	11	18	1,514	21.4	
Valid responses =	1940	27	4898	69	61	1	7,077	97.7	

Invalid responses include no response or multiple responses.

**20B. Within the last 12 months, did you have sexual partner(s) who were: Men?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1817	96	1325	27	33	51	3,270	46.0	
2 Yes	83	4	3638	73	32	49	3,837	54.0	
Valid responses =	1900	27	4963	70	65	1	7,107	98.2	

Invalid responses include no response or multiple responses.

**20C. Within the last 12 months, did you have sexual partner(s) who were: Trans women?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1883	100	4856	100	61	100	6,970	99.7	
2 Yes	3	0	14	0	0	0	22	0.3	
Valid responses =	1886	27	4870	70	61	1	6,992	96.6	

Invalid responses include no response or multiple responses.

**20D. Within the last 12 months, did you have sexual partner(s) who were: Trans men?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1883	100	4852	100	61	100	6,966	99.6	
2 Yes	3	0	21	0	0	0	29	0.4	
Valid responses =	1886	27	4873	70	61	1	6,995	96.6	

Invalid responses include no response or multiple responses.

**20E. Within the last 12 months, did you have sexual partner(s) who were: Genderqueer?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1874	100	4850	99	60	100	6,946	99.3	
2 Yes	8	0	28	1	0	0	50	0.7	
Valid responses =	1882	27	4878	70	60	1	6,996	96.6	

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)  
Reference Group Data Report - Spring 2016 Canadian Consortium Alberta**

American College Health Association  
1362 Mellon Road, Suite 180  
Hanover, MD 21076  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**20F. Within the last 12 months, did you have sexual partner(s) who were: Person(s) with another identity?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1882	100	4857	100	61	100	6,964	99.5
2 Yes	3	0	19	0	0	0	33	0.5
Valid responses =	1885	27	4876	70	61	1	6,997	96.6

Invalid responses include no response or multiple responses.

**21A. Within the last 30 days, did you have: Oral sex?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No, Never done this sexual ac	574	30	1246	25	20	32	1,887	26.5
2 No, Have, but not last 30 days	558	29	1201	24	12	19	1,820	25.5
3 Yes	808	42	2501	51	30	48	3,423	48.0
Valid responses =	1940	27	4948	69	62	1	7,130	98.5

Invalid responses include no response or multiple responses.

**21B. Within the last 30 days, did you have: Vaginal Intercourse?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No, Never done this sexual ac	611	32	1188	24	18	29	1,870	26.2
2 No, Have, but not last 30 days	430	22	833	17	12	19	1,311	18.4
3 Yes	895	46	2936	59	32	52	3,952	55.4
Valid responses =	1936	27	4957	69	62	1	7,133	98.5

Invalid responses include no response or multiple responses.

**21C. Within the last 30 days, did you have: Anal Intercourse?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No, Never done this sexual ac	1368	71	3515	72	41	66	5,039	71.1
2 No, Have, but not last 30 days	450	23	1145	23	13	21	1,650	23.3
3 Yes	110	6	259	5	8	13	398	5.6
Valid responses =	1928	27	4919	69	62	1	7,087	97.9

Invalid responses include no response or multiple responses.

**22A. Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (e.g., male condom, female condom, dam, glove) during: Oral sex?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A, Never did this sexual act	589	30	1264	26	23	36	1,929	27.1
2 Have not during last 30 days	413	21	918	19	8	13	1,374	19.3
3 Never	815	42	2479	50	27	42	3,400	47.7
4 Rarely	53	3	121	2	3	5	184	2.6
5 Sometimes	25	1	46	1	0	0	72	1.0
6 Most of the time	16	1	34	1	0	0	52	0.7
7 Always	26	1	88	2	3	5	120	1.7
Valid responses =	1937	27	4950	69	64	1	7,131	98.5

Invalid responses include no response or multiple responses.

**22B. Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (e.g., male condom, female condom, dam, glove) during: Vaginal Intercourse?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A, Never did this sexual act	602	31	1181	24	20	31	1,858	26.0
2 Have not during last 30 days	372	19	730	15	7	11	1,142	16.0
3 Never	246	13	1135	23	10	16	1,421	19.9
4 Rarely	105	5	349	7	3	5	467	6.5
5 Sometimes	110	6	329	7	7	11	458	6.4
6 Most of the time	173	9	451	9	10	16	649	9.1
7 Always	327	17	787	16	7	11	1,146	16.0
Valid responses =	1935	27	4962	69	64	1	7,141	98.6

Invalid responses include no response or multiple responses.

**22C. Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (e.g., male condom, female condom, dam, glove) during: Anal Intercourse?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A, Never did this sexual act	1320	69	3435	70	42	67	4,913	69.1
2 Have not during last 30 days	339	18	813	17	4	6	1,187	16.7
3 Never	129	7	457	9	10	16	615	8.7
4 Rarely	18	1	51	1	1	2	70	1.0
5 Sometimes	28	2	25	1	1	2	57	0.8
6 Most of the time	26	1	23	1	2	3	53	0.7
7 Always	68	4	131	3	3	5	211	3.0
Valid responses =	1942	27	4935	69	63	1	7,106	98.1

Invalid responses include no response or multiple responses.







**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)


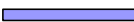
August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys



**23A. Did you or your partner(s) use a method to prevent pregnancy the last time you had vaginal intercourse?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Yes	1041	54	3104	63	30	48	4,264	59.7	
2 Not had vaginal intercourse	556	29	1065	21	14	22	1,684	23.6	
3 No intercourse resulting pregn	66	3	191	4	4	6	283	4.0	
4 Not want to prevent pregnancy	61	3	135	3	4	6	202	2.8	
5 Not use any birth control	123	6	419	8	6	10	559	7.8	
6 Don't know	90	5	52	1	5	8	155	2.2	
Valid responses=	1937	27	4966	69	63	1	7,147	98.7	



**23B1. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse:**  
**Birth control pills (monthly or extended cycle)?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	377	37	1291	42	16	55	1,726	40.7	
2 Yes	652	63	1802	58	13	45	2,514	59.3	
Valid responses=	1029	24	3093	73	29	1	4,240	58.6	



**23B2. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse:**  
**Birth control shots?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	982	97	2999	98	29	100	4,098	97.6	
2 Yes	36	4	63	2	0	0	100	2.4	
Valid responses=	1018	24	3062	73	29	1	4,198	58.0	



**23B3. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse:**  
**Birth control implants?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	997	98	3023	99	29	100	4,137	98.6	
2 Yes	24	2	34	1	0	0	59	1.4	
Valid responses=	1021	24	3057	73	29	1	4,196	58.0	



**23B4. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse:**  
**Birth control patch?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1001	99	3022	99	29	100	4,137	98.7	
2 Yes	15	2	34	1	0	0	53	1.3	
Valid responses=	1016	24	3056	73	29	1	4,190	57.9	

**23B5. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse:**  
**Cervical ring?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	975	96	2935	96	27	93	4,025	96.1	
2 Yes	41	4	118	4	2	7	162	3.9	
Valid responses=	1016	24	3053	73	29	1	4,187	57.8	

**23B6. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse:**  
**Intrauterine device (IUD)?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	916	90	2582	84	25	86	3,594	85.5	
2 Yes	105	10	484	16	4	14	611	14.5	
Valid responses=	1021	24	3066	73	29	1	4,205	58.1	

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**23B7. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse:**  
**Male condom?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	332	32	1446	47	6	21	1,822	43.0
2 Yes	699	68	1638	53	23	79	2,411	57.0
Valid responses=	1031	24	3084	73	29	1	4,233	58.5

**23B8. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse:**  
**Female condom?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1009	100	3049	100	29	100	4,176	99.8
2 Yes	5	1	5	0	0	0	10	0.2
Valid responses=	1014	24	3054	73	29	1	4,186	57.8

**23B9. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse:**  
**Diaphragm or cervical cap?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1014	100	3046	100	28	100	4,175	99.9
2 Yes	3	0	1	0	0	0	4	0.1
Valid responses=	1017	24	3047	73	28	1	4,179	57.7

**23B10. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse:**  
**Contraceptive sponge?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1009	100	3045	100	29	100	4,172	99.8
2 Yes	5	1	3	0	0	0	8	0.2
Valid responses=	1014	24	3048	73	29	1	4,180	57.7

**23B11. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse:**  
**Spermicide (e.g., foam, jelly, cream)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	982	96	3000	98	29	100	4,096	97.7
2 Yes	39	4	54	2	0	0	97	2.3
Valid responses=	1021	24	3054	73	29	1	4,193	57.9

**23B12. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse:**  
**Fertility awareness (e.g., calendar, mucous, basal body temperature)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	939	92	2774	91	28	100	3,823	91.1
2 Yes	80	8	287	9	0	0	374	8.9
Valid responses=	1019	24	3061	73	28	1	4,197	58.0

**23B13. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse:**  
**Withdrawal?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	728	72	2025	66	21	72	2,838	67.5
2 Yes	290	29	1042	34	8	28	1,365	32.5
Valid responses=	1018	24	3067	73	29	1	4,203	58.1

**23B14. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse:**  
**Sterilization (e.g., hysterectomy, tubes tied, or vasectomy)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	998	98	2962	97	28	97	4,075	97.0
2 Yes	21	2	100	3	1	3	124	3.0
Valid responses=	1019	24	3062	73	29	1	4,199	58.0

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**23B15. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse:**  
**Other method?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1005	99	2976	98	28	97	4,095	98.1
2 Yes	12	1	66	2	1	3	81	1.9
Valid responses=	1017	24	3042	73	29	1	4,176	57.7

**24. Within the last 12 months, have you or your partner(s) used emergency contraception ("morning after pill")?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A N vaginal intercourse 12 r	686	35	1275	26	17	27	2,037	28.5
2 No	1023	53	3110	63	38	59	4,276	59.7
3 Yes	147	8	569	11	6	9	735	10.3
4 Don't know	86	4	19	0	3	5	111	1.6
Valid responses =	1942	27	4973	69	64	1	7,159	98.9

Invalid responses include no response or multiple responses.

**25. Within the last 12 months, have you or your partner become pregnant?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A, No vaginal intercourse 12	682	35	1275	26	17	27	2,032	28.4
2 No	1191	61	3588	72	44	69	4,938	68.9
3 Yes, unintentionally	8	0	63	1	1	2	74	1.0
4 Yes, intentionally	37	2	32	1	0	0	71	1.0
5 Don't know	26	1	20	0	2	3	52	0.7
Valid responses =	1944	27	4978	69	64	1	7,167	99.0

Invalid responses include no response or multiple responses.

**26. How would you describe your weight?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Very underweight	27	1	27	1	1	1	60	0.8
2 Slightly underweight	277	14	348	7	4	6	643	8.9
3 About the right weight	1004	51	2679	54	37	51	3,805	52.8
4 Slightly overweight	576	30	1661	33	27	37	2,323	32.2
5 Very overweight	71	4	287	6	4	6	379	5.3
Valid responses =	1955	27	5002	69	73	1	7,210	99.6

Invalid responses include no response or multiple responses.

**27. Are you trying to do any of the following about your weight?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 I am not trying to do anything	406	21	810	16	14	19	1,269	17.6
2 Stay the same weight	452	23	1103	22	13	18	1,604	22.2
3 Lose weight	687	35	2920	58	44	60	3,742	51.9
4 Gain weight	409	21	168	3	2	3	594	8.2
Valid responses =	1954	27	5001	69	73	1	7,209	99.6

Invalid responses include no response or multiple responses.

**28. How many servings of fruits and vegetables do you usually have per day?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 servings per day	119	6	171	3	3	4	304	4.2
2 1-2 servings per day	1054	54	2414	48	38	53	3,590	49.9
3 3-4 servings per day	614	32	1883	38	29	40	2,595	36.1
4 5 or more servings per day	163	8	527	11	2	3	709	9.8
Valid responses =	1950	27	4995	69	72	1	7,198	99.4

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016** **Canadian Consortium Alberta**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**29A. On how many of the past 7 days did you:**

**Do moderate intensity cardio or aerobic exercise for at least 30 minutes?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	464	24	1137	23	20	31	1,669	23.3
2 1 day	298	15	856	17	10	15	1,198	16.8
3 2 days	338	17	877	18	11	17	1,253	17.5
4 3 days	280	14	833	17	8	12	1,151	16.1
5 4 days	171	9	449	9	2	3	633	8.9
6 5 days	179	9	447	9	7	11	647	9.0
7 6 days	85	4	181	4	1	2	275	3.8
8 7 days	128	7	184	4	6	9	326	4.6
Valid responses =	1943	27	4964	69	65	1	7,152	98.8

Invalid responses include no response or multiple responses.

**29B. On how many of the past 7 days did you:**

**Do vigorous intensity cardio or aerobic exercise for at least 20 minutes?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	733	38	2206	45	28	44	3,051	42.9
2 1 day	361	19	880	18	13	21	1,289	18.1
3 2 days	288	15	684	14	4	6	1,000	14.1
4 3 days	247	13	529	11	9	14	798	11.2
5 4 days	132	7	270	6	2	3	411	5.8
6 5 days	100	5	220	5	3	5	330	4.6
7 6 days	40	2	95	2	2	3	142	2.0
8 7 days	36	2	54	1	2	3	96	1.3
Valid responses =	1937	27	4938	69	63	1	7,117	98.3

Invalid responses include no response or multiple responses.

**29C. On how many of the past 7 days did you:**

**Do 8-10 strength training exercises for 8-12 repetitions each?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	874	45	2610	53	28	47	3,616	50.8
2 1 day	210	11	647	13	6	10	884	12.4
3 2 days	203	10	524	11	7	12	747	10.5
4 3 days	240	12	510	10	6	10	772	10.8
5 4 days	151	8	280	6	5	8	444	6.2
6 5 days	141	7	224	5	3	5	375	5.3
7 6 days	76	4	85	2	2	3	168	2.4
8 7 days	50	3	54	1	3	5	111	1.6
Valid responses =	1945	27	4934	69	60	1	7,117	98.3

Invalid responses include no response or multiple responses.

**30A. Have you ever felt things were hopeless?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	574	29	1032	21	19	29	1,649	22.9
2 Not in last 12 months	388	20	975	20	12	18	1,406	19.6
3 In the last 2 weeks	367	19	1100	22	17	26	1,539	21.4
4 In the last 30 days	186	10	631	13	4	6	853	11.9
5 In the last 12 months	435	22	1251	25	14	21	1,740	24.2
Valid responses =	1950	27	4989	69	66	1	7,187	99.3

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**30B. Have you ever felt overwhelmed by all you had to do?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	203	10	187	4	6	9	406	5.7
2 Not in last 12 months	147	8	150	3	2	3	301	4.2
3 In the last 2 weeks	797	41	2742	55	28	43	3,673	51.1
4 In the last 30 days	290	15	936	19	8	12	1,270	17.7
5 In the last 12 months	512	26	975	20	21	32	1,535	21.4
Valid responses =	1949	27	4990	69	65	1	7,185	99.2

Invalid responses include no response or multiple responses.

**30C. Have you ever felt exhausted (not from physical activity)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	220	11	233	5	8	12	473	6.6
2 Not in last 12 months	156	8	174	4	2	3	335	4.7
3 In the last 2 weeks	837	43	2907	58	29	44	3,893	54.2
4 In the last 30 days	301	16	835	17	12	18	1,173	16.3
5 In the last 12 months	431	22	846	17	15	23	1,314	18.3
Valid responses =	1945	27	4995	69	66	1	7,188	99.3

Invalid responses include no response or multiple responses.

**30D. Have you ever felt very lonely?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	419	22	702	14	15	23	1,156	16.1
2 Not in last 12 months	407	21	904	18	6	9	1,350	18.8
3 In the last 2 weeks	468	24	1484	30	18	28	2,041	28.5
4 In the last 30 days	218	11	707	14	8	12	959	13.4
5 In the last 12 months	431	22	1183	24	18	28	1,664	23.2
Valid responses =	1943	27	4980	69	65	1	7,170	99.0

Invalid responses include no response or multiple responses.

**30E. Have you ever felt very sad?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	349	18	501	10	13	20	884	12.3
2 Not in last 12 months	397	20	692	14	9	14	1,115	15.5
3 In the last 2 weeks	471	24	1652	33	22	34	2,216	30.9
4 In the last 30 days	223	12	875	18	5	8	1,135	15.8
5 In the last 12 months	502	26	1269	25	16	25	1,828	25.5
Valid responses =	1942	27	4989	70	65	1	7,178	99.1

Invalid responses include no response or multiple responses.

**30F. Have you ever felt so depressed that it was difficult to function?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	817	42	1622	33	26	40	2,514	35.1
2 Not in last 12 months	423	22	1165	23	11	17	1,635	22.8
3 In the last 2 weeks	264	14	799	16	13	20	1,119	15.6
4 In the last 30 days	113	6	430	9	3	5	566	7.9
5 In the last 12 months	323	17	966	19	12	19	1,335	18.6
Valid responses =	1940	27	4982	69	65	1	7,169	99.0

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**30G. Have you ever felt overwhelming anxiety?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	624	32	954	19	20	31	1,631	22.7
2 Not in last 12 months	318	16	625	13	8	12	977	13.6
3 In the last 2 weeks	359	19	1530	31	15	23	1,965	27.4
4 In the last 30 days	208	11	733	15	9	14	973	13.6
5 In the last 12 months	434	22	1144	23	13	20	1,629	22.7
Valid responses =	1943	27	4986	69	65	1	7,175	99.1

Invalid responses include no response or multiple responses.

**30H. Have you ever felt overwhelming anger?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	662	34	1429	29	23	35	2163	30.2
2 Not in last 12 months	523	27	1151	23	8	12	1,720	24.0
3 In the last 2 weeks	223	12	784	16	12	19	1,057	14.8
4 In the last 30 days	156	8	556	11	5	8	738	10.3
5 In the last 12 months	375	19	1059	21	17	26	1,487	20.8
Valid responses =	1939	27	4979	69	65	1	7,165	99.0

Invalid responses include no response or multiple responses.

**30I. Have you ever intentionally cut, burned, bruised, or otherwise injured yourself?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1622	84	3571	72	49	74	5349	74.5
2 Not in last 12 months	215	11	939	19	9	14	1,200	16.7
3 In the last 2 weeks	26	1	125	3	3	5	168	2.3
4 In the last 30 days	22	1	90	2	1	2	120	1.7
5 In the last 12 months	58	3	265	5	4	6	343	4.8
Valid responses =	1943	27	4990	69	66	1	7,180	99.2

Invalid responses include no response or multiple responses.

**30J. Have you ever seriously considered suicide?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1394	72	3415	69	47	72	4,954	69.0
2 Not in last 12 months	316	16	920	18	10	15	1,283	17.9
3 In the last 2 weeks	54	3	132	3	2	3	204	2.8
4 In the last 30 days	37	2	102	2	1	2	147	2.0
5 In the last 12 months	143	7	418	8	5	8	589	8.2
Valid responses =	1944	27	4987	69	65	1	7,177	99.1

Invalid responses include no response or multiple responses.

**30K. Have you ever attempted suicide?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	1745	90	4330	87	57	88	6267	87.5
2 Not in last 12 months	159	8	553	11	6	9	752	10.5
3 In the last 2 weeks	10	1	13	0	1	2	28	0.4
4 In the last 30 days	1	0	10	0	0	0	12	0.2
5 In the last 12 months	25	1	75	2	1	2	107	1.5
Valid responses =	1940	27	4981	70	65	1	7,166	99.0

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**31A1. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following:**

**Anorexia?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1928	99	4916	99	63	98	7087	98.7
2 Yes, diagnosed not treated	8	0	28	1	1	2	37	0.5
3 Yes, treated with medication	1	0	3	0	0	0	4	0.1
4 Yes, treated with psychotherap	2	0	20	0	0	0	23	0.3
5 Yes, treated meds + psychoth	0	0	12	0	0	0	12	0.2
6 Yes, other treatment	1	0	12	0	0	0	14	0.2
Valid responses =	1940	27	4991	70	64	1	7,177	99.1

Invalid responses include no response or multiple responses.

**31A2. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following:**

**Anxiety?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1740	90	3893	78	52	81	5,816	81.1
2 Yes, diagnosed not treated	71	4	304	6	6	9	391	5.5
3 Yes, treated with medication	53	3	333	7	5	8	403	5.6
4 Yes, treated with psychotherap	31	2	160	3	0	0	201	2.8
5 Yes, treated meds + psychoth	32	2	226	5	1	2	275	3.8
6 Yes, other treatment	11	1	68	1	0	0	82	1.1
Valid responses =	1938	27	4984	70	64	1	7,168	99.0

Invalid responses include no response or multiple responses.

**31A3. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following:**

**Attention Deficit and Hyperactivity Disorder (ADHD)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1804	93	4769	96	58	92	6,798	94.7
2 Yes, diagnosed not treated	39	2	63	1	3	5	112	1.6
3 Yes, treated with medication	75	4	118	2	2	3	201	2.8
4 Yes, treated with psychotherap	3	0	3	0	0	0	6	0.1
5 Yes, treated meds + psychoth	21	1	29	1	0	0	52	0.7
6 Yes, other treatment	2	0	5	0	0	0	7	0.1
Valid responses =	1944	27	4987	69	63	1	7,176	99.1

Invalid responses include no response or multiple responses.

**31A4. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following:**

**Bipolar Disorder?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1915	99	4913	99	62	98	7,066	98.5
2 Yes, diagnosed not treated	15	1	27	1	0	0	45	0.6
3 Yes, treated with medication	4	0	23	1	1	2	30	0.4
4 Yes, treated with psychotherap	1	0	4	0	0	0	5	0.1
5 Yes, treated meds + psychoth	6	0	18	0	0	0	25	0.3
6 Yes, other treatment	2	0	4	0	0	0	6	0.1
Valid responses =	1943	27	4989	70	63	1	7,177	99.1

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016** **Canadian Consortium Alberta**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT  
 Number of Surveys (n) = 7240 Web Surveys

**31A5. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following:**  
**Bulimia?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1933	100	4890	98	62	98	7,065	98.6
2 Yes, diagnosed not treated	5	0	40	1	1	2	47	0.7
3 Yes, treated with medication	1	0	4	0	0	0	6	0.1
4 Yes, treated with psychotherap	2	0	23	1	0	0	25	0.3
5 Yes, treated meds + psychoth	1	0	12	0	0	0	13	0.2
6 Yes, other treatment	0	0	8	0	0	0	8	0.1
Valid responses =	1942	27	4977	69	63	1	7,164	99.0

Invalid responses include no response or multiple responses.

**31A6. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following:**  
**Depression?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1759	91	4119	83	53	84	6,063	84.6
2 Yes, diagnosed not treated	40	2	197	4	2	3	248	3.5
3 Yes, treated with medication	69	4	292	6	4	6	377	5.3
4 Yes, treated with psychotherap	25	1	102	2	0	0	135	1.9
5 Yes, treated meds + psychoth	40	2	231	5	3	5	291	4.1
6 Yes, other treatment	7	0	44	1	1	2	55	0.8
Valid responses =	1940	27	4985	70	63	1	7,169	99.0

Invalid responses include no response or multiple responses.

**31A7. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following:**  
**Insomnia?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1863	96	4655	93	59	94	6,737	94.0
2 Yes, diagnosed not treated	30	2	132	3	2	3	171	2.4
3 Yes, treated with medication	26	1	122	2	1	2	160	2.2
4 Yes, treated with psychotherap	8	0	18	0	0	0	26	0.4
5 Yes, treated meds + psychoth	7	0	30	1	1	2	39	0.5
6 Yes, other treatment	2	0	27	1	0	0	31	0.4
Valid responses =	1936	27	4984	70	63	1	7,164	99.0

Invalid responses include no response or multiple responses.

**31A8. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following:**  
**Other sleep disorder?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1874	96	4774	96	62	98	6,874	95.9
2 Yes, diagnosed not treated	25	1	76	2	0	0	107	1.5
3 Yes, treated with medication	20	1	72	1	0	0	96	1.3
4 Yes, treated with psychotherap	5	0	6	0	0	0	11	0.2
5 Yes, treated meds + psychoth	5	0	10	0	0	0	17	0.2
6 Yes, other treatment	16	1	39	1	1	2	60	0.8
Valid responses =	1945	27	4977	69	63	1	7,165	99.0

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**31B1. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following:**  
**Obsessive Compulsive Disorder (OCD)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1909	98	4847	97	64	99	6,992	97.4
2 Yes, diagnosed not treated	24	1	77	2	0	0	104	1.4
3 Yes, treated with medication	4	0	23	1	1	2	29	0.4
4 Yes, treated with psychotherapy	3	0	13	0	0	0	18	0.3
5 Yes, treated meds + psychotherapy	7	0	22	0	0	0	32	0.4
6 Yes, other treatment	0	0	3	0	0	0	4	0.1
Valid responses =	1947	27	4985	69	65	1	7,179	99.2

Invalid responses include no response or multiple responses.

**31B2. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following:**  
**Panic Attacks?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1874	97	4393	88	61	95	6,473	90.3
2 Yes, diagnosed not treated	24	1	201	4	0	0	231	3.2
3 Yes, treated with medication	14	1	169	3	1	2	193	2.7
4 Yes, treated with psychotherapy	16	1	87	2	0	0	114	1.6
5 Yes, treated meds + psychotherapy	9	1	100	2	1	2	117	1.6
6 Yes, other treatment	3	0	29	1	1	2	37	0.5
Valid responses =	1940	27	4979	69	64	1	7,165	99.0

Invalid responses include no response or multiple responses.

**31B3. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following:**  
**Phobia?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1908	99	4894	98	63	100	7,036	98.4
2 Yes, diagnosed not treated	17	1	33	1	0	0	53	0.7
3 Yes, treated with medication	2	0	8	0	0	0	10	0.1
4 Yes, treated with psychotherapy	5	0	22	0	0	0	29	0.4
5 Yes, treated meds + psychotherapy	1	0	13	0	0	0	16	0.2
6 Yes, other treatment	1	0	3	0	0	0	5	0.1
Valid responses =	1934	27	4973	70	63	1	7,149	98.7

Invalid responses include no response or multiple responses.

**31B4. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following:**  
**Schizophrenia?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1924	100	4945	100	62	100	7,110	99.7
2 Yes, diagnosed not treated	2	0	6	0	0	0	8	0.1
3 Yes, treated with medication	2	0	2	0	0	0	4	0.1
4 Yes, treated with psychotherapy	2	0	0	0	0	0	2	0.0
5 Yes, treated meds + psychotherapy	2	0	1	0	0	0	3	0.0
6 Yes, other treatment	0	0	1	0	0	0	2	0.0
Valid responses =	1932	27	4955	70	62	1	7,129	98.5

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**31B5. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following:**  
**Substance abuse or addiction (alcohol or other drugs)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1918	99	4914	99	64	100	7,073	98.6
2 Yes, diagnosed not treated	11	1	35	1	0	0	47	0.7
3 Yes, treated with medication	1	0	4	0	0	0	5	0.1
4 Yes, treated with psychotherapy	7	0	19	0	0	0	26	0.4
5 Yes, treated meds + psychotherapy	1	0	2	0	0	0	5	0.1
6 Yes, other treatment	4	0	11	0	0	0	17	0.2
Valid responses =	1942	27	4985	69	64	1	7,173	99.1

Invalid responses include no response or multiple responses.

**31B6. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following:**  
**Other addiction (e.g., gambling, internet, sexual)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1911	98	4957	100	64	99	7,112	99.3
2 Yes, diagnosed not treated	16	1	8	0	1	2	25	0.3
3 Yes, treated with medication	2	0	4	0	0	0	6	0.1
4 Yes, treated with psychotherapy	6	0	5	0	0	0	11	0.2
5 Yes, treated meds + psychotherapy	2	0	1	0	0	0	3	0.0
6 Yes, other treatment	5	0	2	0	0	0	8	0.1
Valid responses =	1942	27	4977	69	65	1	7,165	99.0

Invalid responses include no response or multiple responses.

**31B7. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following:**  
**Other mental health condition?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1871	97	4759	96	62	98	6,846	95.7
2 Yes, diagnosed not treated	20	1	58	1	0	0	83	1.2
3 Yes, treated with medication	14	1	47	1	1	2	66	0.9
4 Yes, treated with psychotherapy	12	1	46	1	0	0	67	0.9
5 Yes, treated meds + psychotherapy	8	0	48	1	0	0	61	0.9
6 Yes, other treatment	8	0	16	0	0	0	29	0.4
Valid responses =	1933	27	4974	70	63	1	7,152	98.8

Invalid responses include no response or multiple responses.

**32. Have you ever been diagnosed with depression?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1665	86	3766	76	49	77	5,599	78.0
2 Yes	274	14	1223	25	15	23	1,575	22.0
Valid responses =	1939	27	4989	70	64	1	7,174	99.1

Invalid responses include no response or multiple responses.

**33A. Within the last 12 months, has any of the following been traumatic or very difficult for you to handle:**  
**Academics?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1022	53	2075	42	30	47	3,204	44.6
2 Yes	925	48	2921	59	34	53	3,985	55.4
Valid responses =	1947	27	4996	69	64	1	7,189	99.3

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016** **Canadian Consortium Alberta**



American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**33B. Within the last 12 months, has any of the following been traumatic or very difficult for you to handle:**



**Career related issue?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1372	71	3359	67	34	54	4,876	68.0	
2 Yes	570	29	1625	33	29	46	2,294	32.0	
Valid responses =	1942	27	4984	70	63	1	7,170	99.0	

Invalid responses include no response or multiple responses.

**33C. Within the last 12 months, has any of the following been traumatic or very difficult for you to handle:**

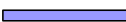

**Death of a family member or friend?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1680	87	4016	81	52	83	5,890	82.1	
2 Yes	261	13	970	20	11	18	1,281	17.9	
Valid responses =	1941	27	4986	70	63	1	7,171	99.0	

Invalid responses include no response or multiple responses.

**33D. Within the last 12 months, has any of the following been traumatic or very difficult for you to handle:**



**Family problems?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1491	77	3195	64	43	68	4,836	67.5	
2 Yes	452	23	1783	36	20	32	2,329	32.5	
Valid responses =	1943	27	4978	69	63	1	7,165	99.0	

Invalid responses include no response or multiple responses.

**33E. Within the last 12 months, has any of the following been traumatic or very difficult for you to handle:**



**Intimate relationships?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1340	69	3163	63	46	72	4,660	64.9	
2 Yes	604	31	1826	37	18	28	2,519	35.1	
Valid responses =	1944	27	4989	69	64	1	7,179	99.2	

Invalid responses include no response or multiple responses.

**33F. Within the last 12 months, has any of the following been traumatic or very difficult for you to handle:**



**Other relationships?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1510	78	3436	69	44	70	5,107	71.1	
2 Yes	433	22	1557	31	19	30	2,074	28.9	
Valid responses =	1943	27	4993	70	63	1	7,181	99.2	

Invalid responses include no response or multiple responses.

**33G. Within the last 12 months, has any of the following been traumatic or very difficult for you to handle:**

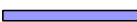

**Finances?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1249	64	2743	55	38	62	4,130	57.6	
2 Yes	691	36	2241	45	23	38	3,037	42.4	
Valid responses =	1940	27	4984	70	61	1	7,167	99.0	

Invalid responses include no response or multiple responses.

**33H. Within the last 12 months, has any of the following been traumatic or very difficult for you to handle:**

**Health problem of a family member or partner?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1584	82	3635	73	50	82	5,406	75.5	
2 Yes	355	18	1346	27	11	18	1,756	24.5	
Valid responses =	1939	27	4981	70	61	1	7,162	98.9	

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**33I. Within the last 12 months, has any of the following been traumatic or very difficult for you to handle:**

**Personal appearance?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1486	76	3115	63	40	65	4,749	66.2
2 Yes	458	24	1870	38	22	36	2,424	33.8
Valid responses =	1944	27	4985	69	62	1	7,173	99.1

Invalid responses include no response or multiple responses.

**33J. Within the last 12 months, has any of the following been traumatic or very difficult for you to handle:**

**Personal health issue?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1565	81	3508	70	44	70	5,234	73.0
2 Yes	378	20	1472	30	19	30	1,932	27.0
Valid responses =	1943	27	4980	69	63	1	7,166	99.0

Invalid responses include no response or multiple responses.

**33K. Within the last 12 months, has any of the following been traumatic or very difficult for you to handle:**

**Sleep difficulties?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1292	67	3000	60	36	57	4,431	61.8
2 Yes	650	34	1986	40	27	43	2,741	38.2
Valid responses =	1942	27	4986	70	63	1	7,172	99.1

Invalid responses include no response or multiple responses.

**33L. Within the last 12 months, has any of the following been traumatic or very difficult for you to handle:**

**Other?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1714	89	4294	87	53	84	6,201	87.4
2 Yes	211	11	634	13	10	16	893	12.6
Valid responses =	1925	27	4928	69	63	1	7,094	98.0

Invalid responses include no response or multiple responses.

**34A. Have you ever received psychological or mental health services from any of the following:**

**Counselor/Therapist/Psychologist?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1361	70	2732	55	43	69	4,222	58.8
2 Yes	585	30	2253	45	19	31	2,953	41.2
Valid responses =	1946	27	4985	69	62	1	7,175	99.1

Invalid responses include no response or multiple responses.

**34B. Have you ever received psychological or mental health services from any of the following:**

**Psychiatrist?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1734	90	4316	87	52	87	6,240	87.3
2 Yes	204	11	649	13	8	13	905	12.7
Valid responses =	1938	27	4965	69	60	1	7,145	98.7

Invalid responses include no response or multiple responses.

**34C. Have you ever received psychological or mental health services from any of the following:**

**Other medical provider (e.g., physician, nurse practitioner)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1668	86	3799	76	50	82	5,645	78.9
2 Yes	270	14	1177	24	11	18	1,512	21.1
Valid responses =	1938	27	4976	70	61	1	7,157	98.9



Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016** **Canadian Consortium Alberta**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)



August 17, 2016  
 FREQUENCY REPORT  
 Number of Surveys (n) = 7240 Web Surveys

**34D. Have you ever received psychological or mental health services from any of the following:**  
**Minister/Priest/Rabbi/Other clergy?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1808	94	4674	94	58	95	6,715	94.0	
2 Yes	125	7	296	6	3	5	431	6.0	
Valid responses =	1933	27	4970	70	61	1	7,146	98.7	



Invalid responses include no response or multiple responses.

**35. Have you ever received psychological or mental health services from your current college/university's**  
**Counseling or Health Service?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1654	85	3953	79	52	81	5,774	80.5	
2 Yes	292	15	1030	21	12	19	1,401	19.5	
Valid responses =	1946	27	4983	69	64	1	7,175	99.1	






Invalid responses include no response or multiple responses.

**36. If in the future you were having a personal problem that was really bothering you, would you consider seeking**  
**help from a mental health professional?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	503	26	970	19	24	38	1,537	21.4	
2 Yes	1446	74	4021	81	40	63	5,649	78.6	
Valid responses =	1949	27	4991	69	64	1	7,186	99.3	



Invalid responses include no response or multiple responses.

**37. Within the last 12 months, how would you rate the overall level of stress you have experienced?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No stress	53	3	46	1	4	6	106	1.5	
2 Less than average stress	207	11	204	4	3	5	425	5.9	
3 Average stress	745	38	1565	31	22	34	2,384	33.1	
4 More than average stress	727	37	2440	49	24	37	3,268	45.4	
5 Tremendous stress	218	11	743	15	12	19	1,012	14.1	
Valid responses =	1950	27	4998	69	65	1	7,195	99.4	



Invalid responses include no response or multiple responses.

**38A. Within the last 30 days, did you do any of the following:**  
**Exercise to lose weight?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1092	56	2080	42	34	51	3,301	46.0	
2 Yes	859	44	2903	58	33	49	3,882	54.0	
Valid responses =	1951	27	4983	69	67	1	7,183	99.2	

Invalid responses include no response or multiple responses.

**38B. Within the last 30 days, did you do any of the following:**  
**Diet to lose weight?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1406	72	2963	60	45	68	4,531	63.2	
2 Yes	540	28	2010	40	21	32	2,636	36.8	
Valid responses =	1946	27	4973	69	66	1	7,167	99.0	

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)  
Reference Group Data Report - Spring 2016 Canadian Consortium Alberta**

American College Health Association  
1362 Mellon Road, Suite 180  
Hanover, MD 21076  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
FREQUENCY REPORT  
Number of Surveys (n) = 7240 Web Surveys

**38C. Within the last 30 days, did you do any of the following:**

**Vomit or take laxatives to lose weight?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1935	99	4744	95	64	96	6,912	96.5
2 Yes	11	1	227	5	3	5	252	3.5
Valid responses =	1946	27	4971	69	67	1	7,164	99.0

Invalid responses include no response or multiple responses.

**38D. Within the last 30 days, did you do any of the following:**

**Take diet pills to lose weight?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1920	99	4769	96	64	99	6,929	96.9
2 Yes	22	1	197	4	1	2	225	3.1
Valid responses =	1942	27	4966	69	65	1	7,154	98.8

Invalid responses include no response or multiple responses.

**39A. Have you had a dental exam and cleaning in the last 12 months?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	646	33	1327	27	25	37	2,052	28.5
2 Yes	1274	65	3593	72	41	61	5,031	70.0
3 Don't know	34	2	68	1	1	2	108	1.5
Valid responses =	1954	27	4988	69	67	1	7,191	99.3

Invalid responses include no response or multiple responses.

**39B. Have you (Males) performed testicular self exam in the last 30 days?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1320	68	0	0	26	72	1,377	67.7
2 Yes	586	30	0	0	7	19	606	29.8
3 Don't know	43	2	0	0	3	8	51	2.5
Valid responses =	1949	96	0	0	36	2	2,034	28.1

Invalid responses include no response or multiple responses.

**39C. Have you (Females) performed breast self exam in the last 30 days?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3303	66	37	74	3,425	66.4
2 Yes	0	0	1620	33	12	24	1,671	32.4
3 Don't know	0	0	57	1	1	2	63	1.2
Valid responses =	0	0	4980	97	50	1	5,159	71.3

Invalid responses include no response or multiple responses.

**39D. Have you (Females) had a routine gynecological exam in the last 12 months?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	0	0	3093	62	24	50	3,208	62.1
2 Yes	0	0	1863	37	24	50	1,924	37.3
3 Don't know	0	0	32	1	0	0	33	0.6
Valid responses =	0	0	4988	97	48	1	5,165	71.3

Invalid responses include no response or multiple responses.

**39E. Have you used sunscreen regularly with sun exposure?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1043	54	2004	40	36	57	3,162	44.1
2 Yes	854	44	2924	59	26	41	3,901	54.4
3 Don't know	36	2	61	1	1	2	102	1.4
Valid responses =	1933	27	4989	70	63	1	7,165	99.0

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016** **Canadian Consortium Alberta**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**39F. Have you ever been tested for Human Immunodeficiency Virus (HIV) infection?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1506	78	3267	66	38	60	4,938	68.9
2 Yes	372	19	1454	29	20	32	1,894	26.4
3 Don't know	60	3	265	5	5	8	337	4.7
Valid responses =	1938	27	4986	70	63	1	7,169	99.0

Invalid responses include no response or multiple responses.

**40A. Have you received the following vaccinations (shots or series of shots):**  
**Hepatitis B?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	367	19	585	12	20	31	1,004	14.0
2 Yes	1201	62	3677	74	32	50	5,031	70.2
3 Don't know	374	19	712	14	12	19	1,127	15.7
Valid responses =	1942	27	4974	69	64	1	7,162	98.9

Invalid responses include no response or multiple responses.

**40B. Have you received the following vaccinations (shots series of shots):**  
**Human Papillomavirus/HPV (cervical cancer vaccine)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1116	58	2165	44	33	54	3,398	47.7
2 Yes	260	14	2154	43	16	26	2,501	35.1
3 Don't know	540	28	653	13	12	20	1,231	17.3
Valid responses =	1916	27	4972	70	61	1	7,130	98.5

Invalid responses include no response or multiple responses.

**40C. Have you received the following vaccinations (shots series of shots):**  
**Influenza (the flu) in the last 12 months (shot or nasal mist)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1139	59	2853	57	33	52	4,122	57.6
2 Yes	658	34	1944	39	25	40	2,707	37.8
3 Don't know	147	8	176	4	5	8	333	4.6
Valid responses =	1944	27	4973	69	63	1	7,162	98.9

Invalid responses include no response or multiple responses.

**40D. Have you received the following vaccinations (shots series of shots):**  
**Measles, Mumps, Rubella?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	430	22	626	13	16	25	1,099	15.4
2 Yes	1132	58	3654	74	39	61	4,954	69.2
3 Don't know	378	20	693	14	9	14	1,106	15.4
Valid responses =	1940	27	4973	69	64	1	7,159	98.9

Invalid responses include no response or multiple responses.

**40E. Have you received the following vaccinations (shots):**  
**Meningococcal disease (meningococcal meningitis)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	572	30	928	19	20	32	1,552	21.7
2 Yes	739	38	2630	53	24	39	3,493	48.8
3 Don't know	629	32	1417	29	18	29	2,114	29.5
Valid responses =	1940	27	4975	69	62	1	7,159	98.9

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016**




American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**40F. Have you received the following vaccinations (shots):**



**Varicella (chicken pox)?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	723	37	1771	36	25	41	2,596	36.3	
2 Yes	832	43	2483	50	23	38	3,420	47.9	
3 Don't know	384	20	708	14	13	21	1,128	15.8	
Valid responses =	1939	27	4962	69	61	1	7,144	98.7	

Invalid responses include no response or multiple responses.

**41A1. Within the last 12 months, have you been diagnosed or treated by a professional for the following:**



**Allergies?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1763	91	4175	84	52	84	6,141	85.6	
2 Yes	184	10	810	16	10	16	1,035	14.4	
Valid responses =	1947	27	4985	69	62	1	7,176	99.1	

Invalid responses include no response or multiple responses.

**41A2. Within the last 12 months, have you been diagnosed or treated by a professional for the following:**



**Asthma?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1812	93	4461	90	55	89	6,487	90.5	
2 Yes	133	7	520	10	7	11	683	9.5	
Valid responses =	1945	27	4981	69	62	1	7,170	99.0	

Invalid responses include no response or multiple responses.

**41A3. Within the last 12 months, have you been diagnosed or treated by a professional for the following:**



**Back pain?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1662	86	3854	78	48	77	5,709	79.9	
2 Yes	277	14	1114	22	14	23	1,440	20.1	
Valid responses =	1939	27	4968	69	62	1	7,149	98.7	

Invalid responses include no response or multiple responses.

**41A4. Within the last 12 months, have you been diagnosed or treated by a professional for the following:**

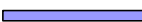

**Broken bone/Fracture/Sprain?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1773	91	4596	93	59	94	6,600	92.3	
2 Yes	169	9	370	8	4	6	553	7.7	
Valid responses =	1942	27	4966	69	63	1	7,153	98.8	

Invalid responses include no response or multiple responses.

**41A5. Within the last 12 months, have you been diagnosed or treated by a professional for the following:**



**Bronchitis?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1856	96	4642	94	58	97	6,729	94.3	
2 Yes	77	4	323	7	2	3	410	5.7	
Valid responses =	1933	27	4965	70	60	1	7,139	98.6	

Invalid responses include no response or multiple responses.

**41A6. Within the last 12 months, have you been diagnosed or treated by a professional for the following:**

**Chlamydia?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 No	1923	99	4884	98	63	100	7,050	98.4	
2 Yes	22	1	92	2	0	0	116	1.6	
Valid responses =	1945	27	4976	69	63	1	7,166	99.0	

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**41A7. Within the last 12 months, have you been diagnosed or treated by a professional for the following:**

**Diabetes?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1926	99	4914	99	62	100	7,080	98.9
2 Yes	18	1	58	1	0	0	80	1.1
Valid responses =	1944	27	4972	69	62	1	7,160	98.9

Invalid responses include no response or multiple responses.

**41A8. Within the last 12 months, have you been diagnosed or treated by a professional for the following:**

**Ear infection?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1856	96	4603	93	59	94	6,683	93.3
2 Yes	88	5	374	8	4	6	482	6.7
Valid responses =	1944	27	4977	69	63	1	7,165	99.0

Invalid responses include no response or multiple responses.

**41A9. Within the last 12 months, have you been diagnosed or treated by a professional for the following:**

**Endometriosis?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1941	100	4887	98	61	98	7,068	98.8
2 Yes	3	0	81	2	1	2	87	1.2
Valid responses =	1944	27	4968	69	62	1	7,155	98.8

Invalid responses include no response or multiple responses.

**41A10. Within the last 12 months, have you been diagnosed or treated by a professional for the following:**

**Genital Herpes?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1932	100	4918	99	63	100	7,092	99.3
2 Yes	9	1	39	1	0	0	50	0.7
Valid responses =	1941	27	4957	69	63	1	7,142	98.6

Invalid responses include no response or multiple responses.

**41A11. Within the last 12 months, have you been diagnosed or treated by a professional for the following:**

**Genital warts/Human Papillomavirus (HPV)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1937	100	4936	99	61	98	7,112	99.2
2 Yes	10	1	42	1	1	2	56	0.8
Valid responses =	1947	27	4978	69	62	1	7,168	99.0

Invalid responses include no response or multiple responses.

**41A12. Within the last 12 months, have you been diagnosed or treated by a professional for the following:**

**Gonorrhea?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1942	100	4971	100	63	100	7,156	99.8
2 Yes	4	0	6	0	0	0	11	0.2
Valid responses =	1946	27	4977	69	63	1	7,167	99.0

Invalid responses include no response or multiple responses.

**41A13. Within the last 12 months, have you been diagnosed or treated by a professional for the following:**

**Hepatitis B or C?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1934	100	4960	100	61	98	7,134	99.7
2 Yes	6	0	9	0	1	2	18	0.3
Valid responses =	1940	27	4969	69	62	1	7,152	98.8

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)  
Reference Group Data Report - Spring 2016 Canadian Consortium Alberta**

American College Health Association  
1362 Mellon Road, Suite 180  
Hanover, MD 21076  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
FREQUENCY REPORT  
Number of Surveys (n) = 7240 Web Surveys

**41B1. Within the last 12 months, have you been diagnosed or treated by a professional for the following:  
High blood pressure?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1875	96	4867	98	59	95	6,977	97.3
2 Yes	71	4	117	2	3	5	197	2.7
Valid responses =	1946	27	4984	69	62	1	7,174	99.1

Invalid responses include no response or multiple responses.

**41B2. Within the last 12 months, have you been diagnosed or treated by a professional for the following:  
High cholesterol?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1908	98	4890	98	58	95	7,034	98.2
2 Yes	35	2	90	2	3	5	132	1.8
Valid responses =	1943	27	4980	69	61	1	7,166	99.0

Invalid responses include no response or multiple responses.

**41B3. Within the last 12 months, have you been diagnosed or treated by a professional for the following:  
Human Immunodeficiency Virus (HIV)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1933	100	4960	100	61	98	7,135	99.7
2 Yes	7	0	9	0	1	2	18	0.3
Valid responses =	1940	27	4969	69	62	1	7,153	98.8

Invalid responses include no response or multiple responses.

**41B4. Within the last 12 months, have you been diagnosed or treated by a professional for the following:  
Irritable Bowel Syndrome?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1895	98	4710	95	60	98	6,835	95.6
2 Yes	46	2	256	5	1	2	313	4.4
Valid responses =	1941	27	4966	69	61	1	7,148	98.7

Invalid responses include no response or multiple responses.

**41B5. Within the last 12 months, have you been diagnosed or treated by a professional for the following:  
Migraine headache?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1822	94	4254	85	54	87	6,289	87.6
2 Yes	122	6	734	15	8	13	887	12.4
Valid responses =	1944	27	4988	70	62	1	7,176	99.1

Invalid responses include no response or multiple responses.

**41B6. Within the last 12 months, have you been diagnosed or treated by a professional for the following:  
Mononucleosis?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1925	100	4920	99	61	100	7,087	99.2
2 Yes	10	1	49	1	0	0	60	0.8
Valid responses =	1935	27	4969	70	61	1	7,147	98.7

Invalid responses include no response or multiple responses.

**41B7. Within the last 12 months, have you been diagnosed or treated by a professional for the following:  
Pelvic Inflammatory Disease (PID)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1937	100	4954	100	61	100	7,130	99.6
2 Yes	3	0	23	1	0	0	30	0.4
Valid responses =	1940	27	4977	70	61	1	7,160	98.9

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016** **Canadian Consortium Alberta**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**41B8. Within the last 12 months, have you been diagnosed or treated by a professional for the following:**

**Repetitive stress injury (e.g., carpal tunnel syndrome)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1901	98	4799	97	57	93	6,931	96.9
2 Yes	39	2	170	3	4	7	221	3.1
Valid responses =	1940	27	4969	69	61	1	7,152	98.8

Invalid responses include no response or multiple responses.

**41B9. Within the last 12 months, have you been diagnosed or treated by a professional for the following:**

**Sinus infection?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1783	92	4220	85	56	92	6,218	86.7
2 Yes	163	8	760	15	5	8	951	13.3
Valid responses =	1946	27	4980	69	61	1	7,169	99.0

Invalid responses include no response or multiple responses.

**41B10. Within the last 12 months, have you been diagnosed or treated by a professional for the following:**

**Strep throat?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1770	91	4211	85	54	89	6,196	86.5
2 Yes	173	9	766	15	7	12	966	13.5
Valid responses =	1943	27	4977	69	61	1	7,162	98.9

Invalid responses include no response or multiple responses.

**41B11. Within the last 12 months, have you been diagnosed or treated by a professional for the following:**

**Tuberculosis?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1941	100	4967	100	61	100	7,149	99.8
2 Yes	3	0	8	0	0	0	13	0.2
Valid responses =	1944	27	4975	69	61	1	7,162	98.9

Invalid responses include no response or multiple responses.

**41B12. Within the last 12 months, have you been diagnosed or treated by a professional for the following:**

**Urinary tract infection?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1916	99	4145	83	52	85	6,270	87.5
2 Yes	27	1	834	17	9	15	894	12.5
Valid responses =	1943	27	4979	70	61	1	7,164	99.0

Invalid responses include no response or multiple responses.

**42. On how many of the past 7 days did you get enough sleep so that you felt rested when you woke up in the morning?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	220	11	679	14	8	13	934	13.0
2 1 day	202	10	721	14	13	21	962	13.4
3 2 days	342	18	874	18	13	21	1,266	17.6
4 3 days	327	17	905	18	10	16	1,270	17.7
5 4 days	303	16	710	14	6	10	1,045	14.6
6 5 days	289	15	596	12	9	15	915	12.7
7 6 days	137	7	289	6	1	2	439	6.1
8 7 days	125	6	220	4	2	3	351	4.9
Valid responses =	1945	27	4994	70	62	1	7,182	99.2

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**43. In the past 7 days, how much of a problem have you had with sleepiness during your daytime activities?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No problem at all	236	12	387	8	8	13	645	9.0
2 A little problem	945	49	2196	44	28	46	3,238	45.1
3 More than a little problem	447	23	1326	27	12	20	1,837	25.6
4 A big problem	225	12	752	15	8	13	1,019	14.2
5 A very big problem	90	5	329	7	5	8	437	6.1
Valid responses =	1943	27	4990	70	61	1	7,176	99.1

Invalid responses include no response or multiple responses.

**44A. In the past 7 days, how often have you awoken too early in the morning and couldn't get back to sleep?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	1032	53	2342	47	32	49	3,498	48.8
2 1 day	363	19	946	19	18	28	1,360	19.0
3 2 days	229	12	732	15	4	6	988	13.8
4 3 days	126	7	411	8	3	5	550	7.7
5 4 days	67	4	191	4	3	5	270	3.8
6 5 days	49	3	170	3	2	3	227	3.2
7 6 days	22	1	66	1	0	0	91	1.3
8 7 days	53	3	121	2	3	5	183	2.6
Valid responses =	1941	27	4979	69	65	1	7,167	99.0

Invalid responses include no response or multiple responses.

**44B. In the past 7 days, how often have you felt tired, dragged out, or sleepy during the day?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	226	12	310	6	8	13	554	7.7
2 1 day	307	16	589	12	10	16	924	12.9
3 2 days	395	20	760	15	10	16	1,186	16.5
4 3 days	285	15	896	18	11	17	1,228	17.1
5 4 days	232	12	738	15	8	13	1,004	14.0
6 5 days	197	10	660	13	7	11	894	12.5
7 6 days	123	6	370	7	0	0	504	7.0
8 7 days	181	9	665	13	10	16	886	12.3
Valid responses =	1946	27	4988	69	64	1	7,180	99.2

Invalid responses include no response or multiple responses.

**44C. In the past 7 days, how often have you gone to bed because you could not stay awake any longer?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 days	865	45	1522	31	18	30	2453	34.2
2 1 day	392	20	976	20	10	16	1,413	19.7
3 2 days	274	14	813	16	14	23	1,138	15.9
4 3 days	154	8	622	13	6	10	798	11.1
5 4 days	88	5	348	7	4	7	458	6.4
6 5 days	78	4	321	6	2	3	412	5.7
7 6 days	43	2	145	3	2	3	195	2.7
8 7 days	50	3	235	5	5	8	302	4.2
Valid responses =	1944	27	4982	69	61	1	7,169	99.0

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016** **Canadian Consortium Alberta**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**44D. In the past 7 days, how often have you had an extremely hard time falling asleep?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 0 days	783	40	1673	34	24	38	2,539	35.4	
2 1 day	337	17	902	18	10	16	1,280	17.8	
3 2 days	258	13	689	14	7	11	979	13.6	
4 3 days	169	9	501	10	7	11	691	9.6	
5 4 days	129	7	322	7	3	5	471	6.6	
6 5 days	103	5	305	6	6	10	425	5.9	
7 6 days	56	3	201	4	1	2	266	3.7	
8 7 days	112	6	389	8	5	8	522	7.3	
Valid responses =	1947	27	4982	69	63	1	7,173	99.1	

Invalid responses include no response or multiple responses.

**45A1. Within the last 12 months, have any of the following affected your academic performance:**  
**Alcohol use?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 This did not happen to me, N//	1296	67	3462	70	48	79	4,921	68.7	
2 Exprd, academics not affectec	538	28	1302	26	10	16	1,904	26.6	
3 Received lower grade exam	80	4	146	3	3	5	235	3.3	
4 Received lower grade course	22	1	37	1	0	0	61	0.9	
5 Received incomplete/dropped	7	0	17	0	0	0	24	0.3	
6 Significant disruption thesis	5	0	5	0	0	0	13	0.2	
Valid responses =	1948	27	4969	69	61	1	7,158	98.9	

Invalid responses include no response or multiple responses.

**45A2. Within the last 12 months, have any of the following affected your academic performance:**  
**Allergies?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 This did not happen to me, N//	1718	88	4116	83	53	87	6,020	84.2	
2 Exprd, academics not affectec	203	10	771	16	5	8	1,019	14.3	
3 Received lower grade exam	15	1	50	1	2	3	70	1.0	
4 Received lower grade course	8	0	14	0	0	0	25	0.3	
5 Received incomplete/dropped	0	0	3	0	0	0	3	0.0	
6 Significant disruption thesis	1	0	10	0	1	2	13	0.2	
Valid responses =	1945	27	4964	69	61	1	7,150	98.8	

Invalid responses include no response or multiple responses.

**45A3. Within the last 12 months, have any of the following affected your academic performance:**  
**Anxiety?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 This did not happen to me, N//	1141	59	2053	41	31	53	3,296	46.2	
2 Exprd, academics not affectec	349	18	1208	24	10	17	1,604	22.5	
3 Received lower grade exam	226	12	1016	21	7	12	1,287	18.0	
4 Received lower grade course	131	7	396	8	7	12	556	7.8	
5 Received incomplete/dropped	56	3	190	4	0	0	253	3.5	
6 Significant disruption thesis	35	2	101	2	4	7	144	2.0	
Valid responses =	1938	27	4964	70	59	1	7,140	98.6	

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016** **Canadian Consortium Alberta**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT  
 Number of Surveys (n) = 7240 Web Surveys

**45A4. Within the last 12 months, have any of the following affected your academic performance:**  
**Assault (physical)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N//	1885	98	4762	96	60	98	6,875	96.6
2 Exprd, academics not affectec	41	2	132	3	1	2	179	2.5
3 Received lower grade exam	4	0	20	0	0	0	25	0.4
4 Received lower grade course	2	0	11	0	0	0	17	0.2
5 Received incomplete/dropped	0	0	11	0	0	0	12	0.2
6 Significant disruption thesis	0	0	10	0	0	0	10	0.1
Valid responses =	1932	27	4946	69	61	1	7,118	98.3

Invalid responses include no response or multiple responses.

**45A5. Within the last 12 months, have any of the following affected your academic performance:**  
**Assault (sexual)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N//	1902	98	4708	95	59	98	6,833	95.9
2 Exprd, academics not affectec	26	1	167	3	1	2	200	2.8
3 Received lower grade exam	3	0	27	1	0	0	34	0.5
4 Received lower grade course	3	0	31	1	0	0	38	0.5
5 Received incomplete/dropped	0	0	7	0	0	0	8	0.1
6 Significant disruption thesis	1	0	11	0	0	0	12	0.2
Valid responses =	1935	27	4951	69	60	1	7,125	98.4

Invalid responses include no response or multiple responses.

**45A6. Within the last 12 months, have any of the following affected your academic performance:**  
**Attention Deficit and Hyperactivity Disorder (ADHD)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N//	1703	88	4587	92	51	86	6,491	90.8
2 Exprd, academics not affectec	92	5	142	3	2	3	243	3.4
3 Received lower grade exam	60	3	125	3	4	7	198	2.8
4 Received lower grade course	56	3	64	1	1	2	131	1.8
5 Received incomplete/dropped	18	1	22	0	0	0	41	0.6
6 Significant disruption thesis	13	1	25	1	1	2	41	0.6
Valid responses =	1942	27	4965	69	59	1	7,145	98.7

Invalid responses include no response or multiple responses.

**45A7. Within the last 12 months, have any of the following affected your academic performance:**  
**Cold/Flu/Sore throat?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N//	1166	60	2039	41	29	49	3,320	46.4
2 Exprd, academics not affectec	521	27	1820	37	18	31	2,409	33.7
3 Received lower grade exam	214	11	878	18	6	10	1,133	15.8
4 Received lower grade course	31	2	159	3	4	7	200	2.8
5 Received incomplete/dropped	9	1	27	1	0	0	36	0.5
6 Significant disruption thesis	5	0	45	1	2	3	55	0.8
Valid responses =	1946	27	4968	69	59	1	7,153	98.8

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)  
Reference Group Data Report - Spring 2016 Canadian Consortium Alberta**

American College Health Association  
1362 Mellon Road, Suite 180  
Hanover, MD 21076  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**45A8. Within the last 12 months, have any of the following affected your academic performance:**

**Concern for a troubled friend or family member?**

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N//	1389	72	2859	58	44	73	4,393	61.5
2 Exprd, academics not affected	341	18	1331	27	7	12	1,723	24.1
3 Received lower grade exam	135	7	514	10	5	8	677	9.5
4 Received lower grade course	51	3	182	4	1	2	240	3.4
5 Received incomplete/dropped	18	1	43	1	1	2	63	0.9
6 Significant disruption thesis	9	1	37	1	2	3	52	0.7
Valid responses =	1943	27	4966	69	60	1	7,148	98.7

Invalid responses include no response or multiple responses.

**45B1. Within the last 12 months, have any of the following affected your academic performance:**

**Chronic health problem or serious illness (e.g. diabetes, asthma, cancer)?**

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N//	1792	92	4325	87	55	93	6,321	88.3
2 Exprd, academics not affected	97	5	365	7	3	5	479	6.7
3 Received lower grade exam	21	1	127	3	1	2	156	2.2
4 Received lower grade course	18	1	90	2	0	0	113	1.6
5 Received incomplete/dropped	11	1	35	1	0	0	48	0.7
6 Significant disruption thesis	8	0	33	1	0	0	45	0.6
Valid responses =	1947	27	4975	69	59	1	7,162	98.9

Invalid responses include no response or multiple responses.

**45B2. Within the last 12 months, have any of the following affected your academic performance:**

**Chronic pain?**

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N//	1747	90	4252	86	53	90	6,194	86.6
2 Exprd, academics not affected	139	7	474	10	4	7	639	8.9
3 Received lower grade exam	35	2	140	3	1	2	183	2.6
4 Received lower grade course	15	1	57	1	1	2	80	1.1
5 Received incomplete/dropped	6	0	17	0	0	0	23	0.3
6 Significant disruption thesis	6	0	25	1	0	0	33	0.5
Valid responses =	1948	27	4965	69	59	1	7,152	98.8

Invalid responses include no response or multiple responses.

**45B3. Within the last 12 months, have any of the following affected your academic performance:**

**Death of a friend or family member?**

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N//	1652	85	3926	79	47	81	5,765	80.7
2 Exprd, academics not affected	179	9	596	12	7	12	803	11.2
3 Received lower grade exam	57	3	266	5	1	2	333	4.7
4 Received lower grade course	39	2	108	2	1	2	154	2.2
5 Received incomplete/dropped	8	0	38	1	0	0	48	0.7
6 Significant disruption thesis	5	0	29	1	2	3	38	0.5
Valid responses =	1940	27	4963	70	58	1	7,141	98.6

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**45B4. Within the last 12 months, have any of the following affected your academic performance:**  
**Depression?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N//	1388	72	3253	66	41	68	4,774	66.9
2 Exprd, academics not affectec	233	12	747	15	7	12	1,018	14.3
3 Received lower grade exam	137	7	437	9	4	7	605	8.5
4 Received lower grade course	101	5	325	7	4	7	446	6.2
5 Received incomplete/dropped	50	3	130	3	0	0	189	2.6
6 Significant disruption thesis	33	2	69	1	4	7	109	1.5
Valid responses =	1942	27	4961	69	60	1	7,141	98.6

Invalid responses include no response or multiple responses.

**45B5. Within the last 12 months, have any of the following affected your academic performance:**  
**Discrimination (e.g., homophobia, racism, sexism)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N//	1830	94	4658	94	55	92	6,680	93.5
2 Exprd, academics not affectec	75	4	230	5	4	7	343	4.8
3 Received lower grade exam	24	1	29	1	1	2	57	0.8
4 Received lower grade course	4	0	24	1	0	0	32	0.4
5 Received incomplete/dropped	3	0	6	0	0	0	10	0.1
6 Significant disruption thesis	5	0	13	0	0	0	19	0.3
Valid responses =	1941	27	4960	69	60	1	7,141	98.6

Invalid responses include no response or multiple responses.

**45B6. Within the last 12 months, have any of the following affected your academic performance:**  
**Drug use?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N//	1742	90	4669	94	55	95	6,631	92.9
2 Exprd, academics not affectec	141	7	230	5	3	5	384	5.4
3 Received lower grade exam	35	2	31	1	0	0	68	1.0
4 Received lower grade course	16	1	19	0	0	0	37	0.5
5 Received incomplete/dropped	6	0	7	0	0	0	13	0.2
6 Significant disruption thesis	2	0	3	0	0	0	6	0.1
Valid responses =	1942	27	4959	69	58	1	7,139	98.6

Invalid responses include no response or multiple responses.

**45B7. Within the last 12 months, have any of the following affected your academic performance:**  
**Eating disorder/problem?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N//	1876	97	4602	93	55	95	6,694	93.6
2 Exprd, academics not affectec	47	2	256	5	2	3	318	4.4
3 Received lower grade exam	10	1	45	1	0	0	59	0.8
4 Received lower grade course	7	0	41	1	0	0	49	0.7
5 Received incomplete/dropped	1	0	12	0	0	0	13	0.2
6 Significant disruption thesis	3	0	13	0	1	2	17	0.2
Valid responses =	1944	27	4969	69	58	1	7,150	98.8

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)  
Reference Group Data Report - Spring 2016**

American College Health Association  
1362 Mellon Road, Suite 180  
Hanover, MD 21076  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**45B8. Within the last 12 months, have any of the following affected your academic performance:  
Finances?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N//	1343	69	3130	63	43	74	4,627	64.8
2 Exprd, academics not affectec	418	22	1359	27	7	12	1,830	25.6
3 Received lower grade exam	79	4	263	5	4	7	360	5.0
4 Received lower grade course	65	3	140	3	1	2	210	2.9
5 Received incomplete/dropped	21	1	39	1	0	0	62	0.9
6 Significant disruption thesis	15	1	33	1	3	5	54	0.8
Valid responses =	1941	27	4964	69	58	1	7,143	98.7

Invalid responses include no response or multiple responses.

**45C1. Within the last 12 months, have any of the following affected your academic performance:  
Gambling?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N//	1850	95	4909	99	59	100	6,990	97.7
2 Exprd, academics not affectec	86	4	52	1	0	0	143	2.0
3 Received lower grade exam	4	0	4	0	0	0	9	0.1
4 Received lower grade course	3	0	2	0	0	0	6	0.1
5 Received incomplete/dropped	1	0	0	0	0	0	1	0.0
6 Significant disruption thesis	0	0	2	0	0	0	2	0.0
Valid responses =	1944	27	4969	69	59	1	7,151	98.8

Invalid responses include no response or multiple responses.

**45C2. Within the last 12 months, have any of the following affected your academic performance:  
Homesickness?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N//	1688	87	3857	78	49	83	5,735	80.4
2 Exprd, academics not affectec	194	10	850	17	6	10	1,081	15.2
3 Received lower grade exam	31	2	175	4	0	0	210	2.9
4 Received lower grade course	15	1	58	1	2	3	78	1.1
5 Received incomplete/dropped	5	0	5	0	0	0	11	0.2
6 Significant disruption thesis	4	0	12	0	2	3	18	0.3
Valid responses =	1937	27	4957	69	59	1	7,133	98.5

Invalid responses include no response or multiple responses.

**45C3. Within the last 12 months, have any of the following affected your academic performance:  
Injury (e.g., fracture, sprain, strain, cut)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N//	1682	86	4343	88	52	88	6,230	87.2
2 Exprd, academics not affectec	206	11	483	10	5	9	713	10.0
3 Received lower grade exam	29	2	74	2	1	2	110	1.5
4 Received lower grade course	12	1	31	1	1	2	46	0.6
5 Received incomplete/dropped	11	1	11	0	0	0	22	0.3
6 Significant disruption thesis	6	0	17	0	0	0	23	0.3
Valid responses =	1946	27	4959	69	59	1	7,144	98.7

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**45C4. Within the last 12 months, have any of the following affected your academic performance:**  
**Internet use/computer games?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 This did not happen to me, N//	971	50	3289	66	38	66	4,397	61.6	
2 Exprd, academics not affectec	540	28	972	20	12	21	1,565	21.9	
3 Received lower grade exam	260	13	504	10	4	7	793	11.1	
4 Received lower grade course	136	7	152	3	1	2	298	4.2	
5 Received incomplete/dropped	16	1	14	0	1	2	32	0.4	
6 Significant disruption thesis	18	1	25	1	2	3	48	0.7	
Valid responses =	1941	27	4956	69	58	1	7,133	98.5	

Invalid responses include no response or multiple responses.

**45C5. Within the last 12 months, have any of the following affected your academic performance:**  
**Learning disability?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 This did not happen to me, N//	1776	92	4578	93	49	85	6,553	92.1	
2 Exprd, academics not affectec	58	3	144	3	2	3	211	3.0	
3 Received lower grade exam	45	2	106	2	3	5	167	2.3	
4 Received lower grade course	36	2	79	2	3	5	124	1.7	
5 Received incomplete/dropped	16	1	16	0	1	2	33	0.5	
6 Significant disruption thesis	7	0	18	0	0	0	27	0.4	
Valid responses =	1938	27	4941	69	58	1	7,115	98.3	

Invalid responses include no response or multiple responses.

**45C6. Within the last 12 months, have any of the following affected your academic performance:**  
**Participation in extracurricular activities (e.g., campus clubs, organizations, athletics)?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 This did not happen to me, N//	1326	68	3594	72	50	85	5,094	71.3	
2 Exprd, academics not affectec	444	23	997	20	4	7	1,489	20.8	
3 Received lower grade exam	116	6	266	5	3	5	392	5.5	
4 Received lower grade course	45	2	91	2	2	3	142	2.0	
5 Received incomplete/dropped	7	0	12	0	0	0	20	0.3	
6 Significant disruption thesis	4	0	8	0	0	0	12	0.2	
Valid responses =	1942	27	4968	69	59	1	7,149	98.7	

Invalid responses include no response or multiple responses.

**45C7. Within the last 12 months, have any of the following affected your academic performance:**  
**Pregnancy (yours or your partner's)?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 This did not happen to me, N//	1903	98	4878	98	58	100	7,016	98.1	
2 Exprd, academics not affectec	21	1	53	1	0	0	75	1.0	
3 Received lower grade exam	11	1	12	0	0	0	24	0.3	
4 Received lower grade course	6	0	8	0	0	0	15	0.2	
5 Received incomplete/dropped	2	0	6	0	0	0	8	0.1	
6 Significant disruption thesis	1	0	10	0	0	0	11	0.2	
Valid responses =	1944	27	4967	69	58	1	7,149	98.7	

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016** **Canadian Consortium Alberta**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**45C8. Within the last 12 months, have any of the following affected your academic performance:**

**Relationship difficulties?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N//	1384	71	3275	66	46	78	4,825	67.5
2 Exprd, academics not affectec	345	18	1043	21	3	5	1,428	20.0
3 Received lower grade exam	118	6	423	9	5	9	559	7.8
4 Received lower grade course	69	4	150	3	2	3	228	3.2
5 Received incomplete/dropped	10	1	36	1	0	0	46	0.6
6 Significant disruption thesis	18	1	37	1	3	5	61	0.9
Valid responses =	1944	27	4964	69	59	1	7,147	98.7

Invalid responses include no response or multiple responses.

**45D1. Within the last 12 months, have any of the following affected your academic performance:**

**Roommate difficulties?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N//	1634	84	3890	78	44	76	5,707	79.7
2 Exprd, academics not affectec	245	13	789	16	9	16	1,071	15.0
3 Received lower grade exam	45	2	208	4	2	3	266	3.7
4 Received lower grade course	17	1	66	1	1	2	87	1.2
5 Received incomplete/dropped	1	0	8	0	1	2	10	0.1
6 Significant disruption thesis	7	0	12	0	1	2	20	0.3
Valid responses =	1949	27	4973	69	58	1	7,161	98.9

Invalid responses include no response or multiple responses.

**45D2. Within the last 12 months, have any of the following affected your academic performance:**

**Sexually transmitted disease/infection (STD/I)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N//	1913	98	4841	98	56	97	6,986	97.7
2 Exprd, academics not affectec	24	1	103	2	2	3	132	1.8
3 Received lower grade exam	6	0	13	0	0	0	20	0.3
4 Received lower grade course	3	0	6	0	0	0	10	0.1
5 Received incomplete/dropped	0	0	0	0	0	0	0	0.0
6 Significant disruption thesis	1	0	3	0	0	0	4	0.1
Valid responses =	1947	27	4966	69	58	1	7,152	98.8

Invalid responses include no response or multiple responses.

**45D3. Within the last 12 months, have any of the following affected your academic performance:**

**Sinus infection/Ear infection/Bronchitis/Strep throat?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N//	1722	89	4023	81	45	79	5931	82.9
2 Exprd, academics not affectec	151	8	614	12	5	9	792	11.1
3 Received lower grade exam	49	3	260	5	5	9	327	4.6
4 Received lower grade course	14	1	54	1	0	0	71	1.0
5 Received incomplete/dropped	5	0	5	0	0	0	11	0.2
6 Significant disruption thesis	2	0	21	0	2	4	25	0.3
Valid responses =	1943	27	4977	70	57	1	7,157	98.9

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016** **Canadian Consortium Alberta**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT  
 Number of Surveys (n) = 7240 Web Surveys

**45D4. Within the last 12 months, have any of the following affected your academic performance:**  
**Sleep difficulties?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N//	946	49	1932	39	22	38	2,968	41.5
2 Exprd, academics not affectec	509	26	1589	32	16	28	2,163	30.2
3 Received lower grade exam	292	15	999	20	12	21	1,342	18.8
4 Received lower grade course	144	7	344	7	4	7	507	7.1
5 Received incomplete/dropped	26	1	42	1	0	0	73	1.0
6 Significant disruption thesis	29	2	63	1	4	7	101	1.4
Valid responses =	1946	27	4969	69	58	1	7,154	98.8

Invalid responses include no response or multiple responses.

**45D5. Within the last 12 months, have any of the following affected your academic performance:**  
**Stress?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N//	673	35	935	19	16	27	1,665	23.3
2 Exprd, academics not affectec	640	33	1876	38	19	32	2,595	36.3
3 Received lower grade exam	358	18	1335	27	11	19	1,749	24.5
4 Received lower grade course	181	9	590	12	8	14	800	11.2
5 Received incomplete/dropped	54	3	126	3	0	0	188	2.6
6 Significant disruption thesis	38	2	107	2	5	9	155	2.2
Valid responses =	1944	27	4969	69	59	1	7,152	98.8

Invalid responses include no response or multiple responses.

**45D6. Within the last 12 months, have any of the following affected your academic performance:**  
**Work?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N//	1269	65	2784	56	35	60	4,190	58.6
2 Exprd, academics not affectec	395	20	1335	27	14	24	1,789	25.0
3 Received lower grade exam	169	9	549	11	4	7	742	10.4
4 Received lower grade course	89	5	220	4	3	5	324	4.5
5 Received incomplete/dropped	13	1	37	1	1	2	52	0.7
6 Significant disruption thesis	14	1	37	1	1	2	53	0.7
Valid responses =	1949	27	4962	69	58	1	7,150	98.8

Invalid responses include no response or multiple responses.

**45D7. Within the last 12 months, have any of the following affected your academic performance:**  
**Other?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 This did not happen to me, N//	1373	96	3484	96	35	92	5,008	96.0
2 Exprd, academics not affectec	15	1	37	1	1	3	53	1.0
3 Received lower grade exam	16	1	37	1	0	0	56	1.1
4 Received lower grade course	20	1	22	1	1	3	47	0.9
5 Received incomplete/dropped	5	0	14	0	0	0	19	0.4
6 Significant disruption thesis	9	1	20	1	1	3	33	0.6
Valid responses =	1438	28	3614	69	38	1	5,216	72.0

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**46. How old are you?**

Age (Years)	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
18	159	8	413	8	7	13	594	8.3	
19	219	11	682	14	5	9	932	13.0	
20	268	14	724	15	6	11	1,031	14.4	
21	258	13	745	15	7	13	1,033	14.4	
22	198	10	532	11	3	5	754	10.5	
23	161	8	347	7	4	7	528	7.4	
24	109	6	271	5	3	5	392	5.5	
25	92	5	215	4	5	9	316	4.4	
26	85	4	150	3	1	2	242	3.4	
27	71	4	119	2	2	4	195	2.7	
28	45	2	94	2	1	2	143	2.0	
29	42	2	71	1	2	4	119	1.7	
30	34	2	75	2	1	2	112	1.6	
31	23	1	59	1	2	4	86	1.2	
GE 32	184	9	487	10	7	13	693	9.7	
Valid responses =	1948	27	4984	70	56	1	7,170	99.0	

Invalid responses include no response or multiple responses.

	Mean	Median	Std Dev	Min	Max
<b>Male</b>	23.70	22.00	5.96	18.00	63.00
<b>Female</b>	23.49	21.00	6.26	18.00	66.00
<b>Overall</b>	23.54	21.00	6.18	18.00	66.00

**47A. What sex were you assigned at birth, such as on an original birth certificate?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Female	0	0	5007	100	21	60	5,159	71.8	
2 Male	1957	100	0	0	14	40	2,022	28.2	
Valid responses =	1957	27	5007	70	35	0	7,181	99.2	

Invalid responses include no response or multiple responses.

**47B. Do you identify as transgender?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 No	1957	100	5007	100	24	100	7,073	98.6	
2 Yes	0	0	0	0	0	0	97	1.4	
Valid responses =	1957	27	5007	70	24	0	7,170	99.0	

Invalid responses include no response or multiple responses.

**47C. Which term do you use to describe your gender identity?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.			
1 Woman	0	0	5007	100	30	68	5,099	70.9	
2 Man	1957	100	0	0	14	32	1,992	27.7	
3 Trans woman	0	0	0	0	0	0	4	0.1	
4 Trans man	0	0	0	0	0	0	5	0.1	
5 Genderqueer	0	0	0	0	0	0	40	0.6	
6 Another identity	0	0	0	0	0	0	50	0.7	
Valid responses =	1957	27	5007	70	44	1	7,190	99.3	

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**48. Which term best describes your sexual orientation?**

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Asexual	124	6	342	7	1	2	486	6.8
2 Bisexual	77	4	344	7	1	2	443	6.2
3 Gay	76	4	2	0	2	4	82	1.1
4 Lesbian	0	0	45	1	1	2	49	0.7
5 Pansexual	14	1	81	2	1	2	114	1.6
6 Queer	3	0	18	0	0	0	32	0.4
7 Questioning	10	1	78	2	0	0	95	1.3
8 Same Gender Loving	0	0	7	0	0	0	7	0.1
9 Straight/Heterosexual	1630	84	4002	81	45	85	5,758	80.5
10 Another identity	15	1	53	1	2	4	88	1.2
Valid responses =	1949	27	4972	69	53	1	7,154	98.8

Invalid responses include no response or multiple responses.

**49. Height in inches?**

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
Inches								
low-36	0	0	0	0	0	0	0	0.0
37-48	3	0	12	0	1	2	18	0.3
49-60	6	0	230	5	0	0	243	3.4
61-72	1366	71	4641	95	51	91	6,209	87.8
73-84	549	29	28	1	4	7	598	8.5
GE 85	0	0	0	0	0	0	1	0.0
Valid responses =	1924	27	4911	69	56	1	7,069	97.6

Invalid responses include no response or multiple responses.

	Mean	Median	Std Dev	Min	Max
Male	70.70	71.00	3.40	43.00	84.00
Female	65.07	65.00	3.18	41.00	81.00
Overall	66.65	66.00	4.14	41.00	85.00

**50. What is your weight in pounds?**

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
Pounds								
0-50	0	0	0	0	0	0	0	0.0
51-100	11	1	185	4	2	4	206	2.9
101-150	459	24	3114	63	29	54	3,686	52.1
151-200	1081	56	1286	26	19	35	2,445	34.5
201-250	299	16	244	5	2	4	565	8.0
251-300	59	3	75	2	2	4	141	2.0
301-350	17	1	11	0	0	0	29	0.4
351-400	4	0	2	0	0	0	6	0.1
401-450	0	0	1	0	0	0	1	0.0
GE 451	0	0	0	0	0	0	1	0.0
Valid responses =	1930	27	4918	69	54	1	7,080	97.8

Invalid responses include no response or multiple responses.

	Mean	Median	Std Dev	Min	Max
Male	177.84	172.0	38.69	58.00	380.00
Female	146.86	140.0	36.13	52.00	420.00
Overall	155.75	150.0	39.75	52.00	500.00

**51. What is your year in school?**

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 1st year undergraduate	435	22	1222	25	21	36	1,726	24.1
2 2nd year undergraduate	374	19	1023	21	9	15	1,438	20.1
3 3rd year undergraduate	384	20	920	19	10	17	1,353	18.9
4 4th year undergraduate	271	14	727	15	4	7	1,024	14.3
5 5th year or more undergradual	186	10	385	8	1	2	587	8.2
6 Graduate or professional	253	13	440	9	10	17	716	10.0
7 Not seeking a degree	22	1	107	2	2	3	135	1.9
8 Other	28	1	144	3	2	3	182	2.5
Valid responses =	1953	27	4968	69	59	1	7,161	98.9

Invalid responses include no response or multiple responses.

**52. What is your enrollment status?**

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Full-time	1834	94	4636	93	56	90	6,701	93.1
2 Part-time	93	5	277	6	4	7	378	5.3
3 Other	28	1	87	2	2	3	119	1.7
Valid responses =	1955	27	5000	69	62	1	7,198	99.4

Invalid responses include no response or multiple responses.



**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016** **Canadian Consortium Alberta**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT








Number of Surveys (n) = 7240 Web Surveys

**53. Have you transferred to this college or university within the last 12 months?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	1649	85	4228	85	50	85	6,073	84.6	
2 Yes	303	16	759	15	9	15	1,105	15.4	
Valid responses =	1952	27	4987	69	59	1	7,178	99.1	



Invalid responses include no response or multiple responses.

**54. How do you usually describe yourself?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
White	1511	77	3973	79	32	34	5,659	78.2	
Black or African American	73	4	139	3	5	5	226	3.1	
Hispanic or Latino/a	58	3	129	3	2	2	194	2.7	
Asian or Pacific Islander	277	14	573	11	12	13	888	12.3	
American Indian or Alaskan	65	3	271	5	3	3	353	4.9	
Biracial or Multi racial	59	3	173	4	2	2	241	3.3	
Other	36	2	113	2	2	2	159	2.2	




Valid responses = all responses and blanks: since multiple responses were possible, more than 100% may be included.

**55. Are you an international student?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	1767	90	4707	94	51	88	6,681	93.0	
2 Yes	187	10	288	6	7	12	506	7.0	
Valid responses =	1954	27	4995	70	58	1	7,187	99.3	






Invalid responses include no response or multiple responses.

**56. What is your relationship status?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Not in a relationship	1068	55	2048	41	25	42	3,222	44.8	
2 In relationship not living together	530	27	1758	35	19	32	2,369	33.0	
3 In relationship living together	355	18	1190	24	15	25	1,597	22.2	
Valid responses =	1953	27	4996	70	59	1	7,188	99.3	







Invalid responses include no response or multiple responses.

**57. What is your marital status?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Single	1574	81	3855	77	38	64	5,602	78.2	
2 Married/Partnered	296	15	864	17	18	31	1,208	16.9	
3 Separated	8	0	42	1	1	2	53	0.7	
4 Divorced	13	1	49	1	1	2	67	0.9	
5 Other	57	3	169	3	1	2	236	3.3	
Valid responses =	1948	27	4979	69	59	1	7,166	99.0	



Invalid responses include no response or multiple responses.

**58. Where do you currently live?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Campus residence hall	196	10	472	10	7	12	691	9.6	
2 Fraternity or sorority house	9	1	0	0	0	0	10	0.1	
3 Other college/university housing	33	2	156	3	3	5	197	2.7	
4 Parent/guardian's house	772	40	1810	36	21	35	2,669	37.2	
5 Other off-campus housing	778	40	1877	38	21	35	2,749	38.3	
6 Other	166	9	673	14	8	13	866	12.1	
Valid responses =	1954	27	4988	69	60	1	7,182	99.2	

Invalid responses include no response or multiple responses.

**59. Are you a member of a social fraternity or sorority?**

	Male		Female		Unknown		Total	Pct.	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 No	1902	98	4895	98	57	98	7,023	97.9	
2 Yes	45	2	93	2	1	2	150	2.1	
Valid responses =	1947	27	4988	70	58	1	7,173	99.1	

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016** **Canadian Consortium Alberta**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**60. How many hours a week do you work for pay?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	925	48	1994	40	24	41	3,011	42.0
2 1 - 9 hours	326	17	906	18	11	19	1,275	17.8
3 10 - 19 hours	347	18	1056	21	10	17	1,451	20.3
4 20 - 29 hours	162	8	552	11	8	14	754	10.5
5 30 - 39 hours	62	3	212	4	2	3	282	3.9
6 40 hours	69	4	159	3	3	5	233	3.3
7 more than 40 hours	58	3	93	2	1	2	155	2.2
Valid responses =	1949	27	4972	69	59	1	7,161	98.9

Invalid responses include no response or multiple responses.

**61. How many hours a week do you volunteer?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 0 hours	1236	64	3028	61	40	68	4,404	61.8
2 1 - 9 hours	602	31	1680	34	18	31	2,364	33.2
3 10 - 19 hours	72	4	153	3	0	0	236	3.3
4 20 - 29 hours	20	1	49	1	0	0	72	1.0
5 30 - 39 hours	5	0	19	0	1	2	25	0.4
6 40 hours	1	0	13	0	0	0	15	0.2
7 more than 40 hours	4	0	10	0	0	0	15	0.2
Valid responses =	1940	27	4952	69	59	1	7,131	98.5

Invalid responses include no response or multiple responses.

**63. What is your approximate cumulative grade point average?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 A	695	36	1848	37	20	35	2,618	36.5
2 B	923	47	2421	49	29	50	3,467	48.3
3 C	273	14	609	12	6	10	913	12.7
4 D/F	30	2	46	1	2	3	81	1.1
5 N/A	28	1	60	1	1	2	92	1.3
Valid responses =	1949	27	4984	70	58	1	7,171	99.0

Invalid responses include no response or multiple responses.

**64A. In the last 12 months, have you participated in organized college athletics at any of the following levels:**

**Varsity?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1822	95	4778	97	55	95	6,829	96.2
2 Yes	98	5	165	3	3	5	271	3.8
Valid responses =	1920	27	4943	70	58	1	7,100	98.1

Invalid responses include no response or multiple responses.

**64B. In the last 12 months, have you participated in organized college athletics at any of the following levels:**

**Club sports?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1683	88	4621	94	52	90	6,522	91.9
2 Yes	238	12	319	7	6	10	576	8.1
Valid responses =	1921	27	4940	70	58	1	7,098	98.0

Invalid responses include no response or multiple responses.

**64C. In the last 12 months, have you participated in organized college athletics at any of the following levels:**

**Intramurals?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1575	82	4490	91	51	91	6,275	88.2
2 Yes	356	18	456	9	5	9	836	11.8
Valid responses =	1931	27	4946	70	56	1	7,111	98.2

Invalid responses include no response or multiple responses.



**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016** **Canadian Consortium Alberta**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT  
 Number of Surveys (n) = 7240 Web Surveys

**65A. Do you have any of the following:**



**Attention Deficit and Hyperactivity Disorder (ADHD)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1754	90	4706	95	50	88	6,670	93.1 
2 Yes	193	10	275	6	7	12	494	6.9 
Valid responses =	1947	27	4981	70	57	1	7,164	99.0

Invalid responses include no response or multiple responses.

**65B. Do you have any of the following:**



**Chronic illness (e.g., cancer, diabetes, auto-immune disorders)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1877	96	4646	93	55	97	6,741	94.1 
2 Yes	71	4	333	7	2	4	423	5.9 
Valid responses =	1948	27	4979	70	57	1	7164	99.0

Invalid responses include no response or multiple responses.

**65C. Do you have any of the following:**



**Deafness/Hearing loss?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1902	98	4872	98	55	97	7,002	97.8 
2 Yes	47	2	104	2	2	4	159	2.2 
Valid responses =	1949	27	4976	69	57	1	7,161	98.9

Invalid responses include no response or multiple responses.

**65D. Do you have any of the following:**



**Learning disability?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1823	94	4659	94	50	88	6,686	93.6 
2 Yes	119	6	306	6	7	12	457	6.4 
Valid responses =	1942	27	4965	70	57	1	7,143	98.7

Invalid responses include no response or multiple responses.

**65E. Do you have any of the following:**



**Mobility/Dexterity disability?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1920	99	4904	99	56	100	7,053	98.8 
2 Yes	24	1	54	1	0	0	84	1.2 
Valid responses =	1944	27	4958	69	56	1	7,137	98.6

Invalid responses include no response or multiple responses.

**65F. Do you have any of the following:**



**Partial sightedness/Blindness?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1897	98	4839	98	56	98	6,962	97.5 
2 Yes	47	2	121	2	1	2	176	2.5 
Valid responses =	1944	27	4960	69	57	1	7,138	98.6

Invalid responses include no response or multiple responses.

**65G. Do you have any of the following:**

**Psychiatric condition?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1865	96	4596	92	55	97	6,660	93.1 
2 Yes	78	4	380	8	2	4	496	6.9 
Valid responses =	1943	27	4976	70	57	1	7,156	98.8

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)  
Reference Group Data Report - Spring 2016 Canadian Consortium Alberta**

American College Health Association  
1362 Mellon Road, Suite 180  
Hanover, MD 21076  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
FREQUENCY REPORT  
Number of Surveys (n) = 7240 Web Surveys

**65H. Do you have any of the following:  
Speech or language disorder?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1914	98	4922	99	56	98	7,066	98.8
2 Yes	31	2	51	1	1	2	87	1.2
Valid responses =	1945	27	4973	70	57	1	7,153	98.8

Invalid responses include no response or multiple responses.

**65I. Do you have any of the following:  
Other disability?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1884	97	4811	97	55	98	6,916	97.2
2 Yes	50	3	136	3	1	2	198	2.8
Valid responses =	1934	27	4947	70	56	1	7,114	98.3

Invalid responses include no response or multiple responses.

**Canadian Race:**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
Aboriginal	65	3	271	5	3	3	353	4.9
Arab	22	1	61	1	0	0	88	1.2
Black	73	4	139	3	5	5	226	3.1
Chinese	168	9	258	5	7	7	447	6.2
Filipino	59	3	174	4	3	3	248	3.4
Japanese	10	1	50	1	0	0	63	0.9
Korean	14	1	42	1	0	0	58	0.8
Latin American	58	3	129	3	2	2	194	2.7
South Asian	118	6	246	5	3	3	376	5.2
Southeast Asian	54	3	102	2	3	3	164	2.3
West Asian	25	1	34	1	2	2	63	0.9
White	1360	70	3658	73	27	29	5,180	71.5
Multiracial	59	3	173	4	2	2	241	3.3
Other	36	2	113	2	2	2	159	2.2

Valid responses = all responses and blanks: since multiple responses were possible, more than 100% may be included.

**66. Are you currently or have you been a member of the Canadian Forces (Regular Force or Reserve)?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 No	1899	98	4962	100	58	100	7,097	99.2
2 Yes deployed hazardous duty	4	0	6	0	0	0	10	0.1
3 Yes not deployed hazardous d	36	2	13	0	0	0	50	0.7
Valid responses =	1939	27	4981	70	58	1	7,157	98.9

Invalid responses include no response or multiple responses.

**67. Over the past 7 days: How many total minutes of moderate to vigorous physical activity did you do in at least 10 minute bouts?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 <30 minutes	498	26	1473	30	24	42	2,055	28.7
2 30-60 minutes	394	20	1224	25	7	12	1,667	23.3
3 61-90 minutes	321	17	906	18	8	14	1,267	17.7
4 91-150 minutes	255	13	661	13	5	9	939	13.1
5 >150 minutes	482	25	717	14	13	23	1,240	17.3
Valid responses =	1950	27	4981	69	57	1	7,168	99.0

Invalid responses include no response or multiple responses.

**68A. My university/college has a sincere interest in the well being of its students.**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly Agree	396	26	934	25	9	19	1,363	25.1
2 Agree	852	57	2337	63	31	66	3,304	60.9
3 Disagree	161	11	312	8	4	9	490	9.0
4 Strongly Disagree	44	3	69	2	1	2	122	2.3
5 N/A	54	4	79	2	2	4	142	2.6
Valid responses =	1507	28	3731	69	47	1	5,421	74.9

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)  
Reference Group Data Report - Spring 2016 Canadian Consortium Alberta**

American College Health Association  
1362 Mellon Road, Suite 180  
Hanover, MD 21076  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**68B. My Faculty has a sincere interest in the well being of its students.**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly Agree	425	28	1018	28	9	20	1,486	27.8
2 Agree	811	54	2076	57	28	61	2,989	55.9
3 Disagree	155	10	371	10	5	11	543	10.1
4 Strongly Disagree	47	3	99	3	2	4	153	2.9
5 N/A	56	4	112	3	2	4	179	3.3
Valid responses =	1494	28	3676	69	46	1	5,350	73.9

Invalid responses include no response or multiple responses.

**68C. I feel I am part of a community at my university/college.**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Strongly Agree	316	21	664	18	9	19	1,010	18.9
2 Agree	716	48	2000	54	22	47	2,805	52.4
3 Disagree	304	20	699	19	7	15	1,035	19.3
4 Strongly Disagree	90	6	169	5	4	9	274	5.1
5 N/A	62	4	151	4	5	11	228	4.3
Valid responses =	1488	28	3683	69	47	1	5,352	73.9

Invalid responses include no response or multiple responses.

**69A1. During the past month, how often do you feel-Happy?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	25	1	27	1	0	0	59	0.9
2 Once or Twice	111	6	175	4	4	8	302	4.7
3 About Once a Week	123	7	278	6	5	10	416	6.5
4 About 2 or 3 Times a Week	431	24	1048	24	7	14	1,520	23.7
5 Almost Every Day	787	43	2106	48	27	55	2,991	46.7
6 Every Day	354	19	726	17	6	12	1,114	17.4
Valid responses =	1831	29	4360	68	49	1	6,402	88.4

Invalid responses include no response or multiple responses.

**69A2. During the past month, how often do you feel-Interested in life?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	31	2	33	1	0	0	69	1.1
2 Once or Twice	117	6	187	4	5	10	319	5.0
3 About Once a Week	135	7	288	7	3	6	439	6.9
4 About 2 or 3 Times a Week	338	19	902	21	10	20	1,288	20.1
5 Almost Every Day	691	38	1815	42	17	35	2,582	40.4
6 Every Day	517	28	1128	26	14	29	1,696	26.5
Valid responses =	1829	29	4353	68	49	1	6,393	88.3

Invalid responses include no response or multiple responses.

**69A3. During the past month, how often do you feel-Satisfied with life?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	93	5	122	3	2	4	228	3.6
2 Once or Twice	158	9	327	8	7	14	506	7.9
3 About Once a Week	180	10	439	10	4	8	648	10.1
4 About 2 or 3 Times a Week	389	21	1045	24	12	25	1,488	23.3
5 Almost Every Day	664	36	1699	39	16	33	2,428	38.0
6 Every Day	346	19	716	17	8	16	1,090	17.1
Valid responses =	1830	29	4348	68	49	1	6,388	88.2

Invalid responses include no response or multiple responses.

**69A4. During the past month, how often do you feel-That you had something important to contribute to society?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	170	9	299	7	3	6	487	7.6
2 Once or Twice	229	13	578	13	9	18	843	13.2
3 About Once a Week	251	14	624	14	5	10	903	14.2
4 About 2 or 3 Times a Week	365	20	1023	24	11	22	1,438	22.5
5 Almost Every Day	484	27	1230	28	17	35	1,763	27.6
6 Every Day	328	18	590	14	4	8	946	14.8
Valid responses =	1827	29	4344	68	49	1	6,380	88.1

Invalid responses include no response or multiple responses.







**American College Health Association-National College Health Assessment (ACHA-NCHA-II)  
Reference Group Data Report - Spring 2016 Canadian Consortium Alberta**

American College Health Association  
1362 Mellon Road, Suite 180  
Hanover, MD 21076  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
FREQUENCY REPORT







Number of Surveys (n) = 7240 Web Surveys

**69A5. During the past month, how often do you feel-That you belonged to a community (like a social group or your neighborhood)?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	210	12	441	10	6	12	679	10.6	
2 Once or Twice	221	12	563	13	4	8	812	12.7	
3 About Once a Week	212	12	578	13	4	8	811	12.7	
4 About 2 or 3 Times a Week	359	20	914	21	13	27	1,330	20.8	
5 Almost Every Day	477	26	1217	28	14	29	1,740	27.2	
6 Every Day	350	19	638	15	8	16	1,019	15.9	
Valid responses =	1829	29	4351	68	49	1	6,391	88.3	







Invalid responses include no response or multiple responses.

**69A6. During the past month, how often do you feel-That our society is a good place, or is becoming a better place for all people?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	239	13	428	10	7	14	702	11.0	
2 Once or Twice	308	17	746	17	8	16	1,099	17.2	
3 About Once a Week	219	12	650	15	5	10	900	14.1	
4 About 2 or 3 Times a Week	394	22	1067	25	13	27	1,505	23.5	
5 Almost Every Day	447	24	1082	25	13	27	1,569	24.5	
6 Every Day	222	12	381	9	3	6	619	9.7	
Valid responses =	1829	29	4354	68	49	1	6,394	88.3	







Invalid responses include no response or multiple responses.

**69A7. During the past month, how often do you feel-That people are basically good?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	172	9	199	5	2	4	390	6.1	
2 Once or Twice	240	13	552	13	6	12	828	13.0	
3 About Once a Week	225	12	545	13	9	18	796	12.5	
4 About 2 or 3 Times a Week	372	20	1044	24	9	18	1,463	22.9	
5 Almost Every Day	554	30	1428	33	19	39	2,041	32.0	
6 Every Day	265	15	580	13	4	8	868	13.6	
Valid responses =	1828	29	4348	68	49	1	6,386	88.2	







Invalid responses include no response or multiple responses.

**69B1. During the past month, how often do you feel-That the way our society works makes sense to you?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	243	13	538	12	7	15	830	13.0	
2 Once or Twice	289	16	811	19	5	10	1,138	17.8	
3 About Once a Week	258	14	674	16	10	21	963	15.1	
4 About 2 or 3 Times a Week	407	22	1088	25	11	23	1,533	24.0	
5 Almost Every Day	423	23	995	23	14	29	1,458	22.9	
6 Every Day	203	11	237	6	1	2	454	7.1	
Valid responses =	1823	29	4343	68	48	1	6,376	88.1	




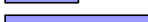


Invalid responses include no response or multiple responses.

**69B2. During the past month, how often do you feel-That you liked most parts of your personality?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	64	4	133	3	2	4	212	3.3	
2 Once or Twice	154	9	352	8	4	8	525	8.2	
3 About Once a Week	187	10	468	11	7	15	680	10.7	
4 About 2 or 3 Times a Week	350	19	1018	23	9	19	1,418	22.2	
5 Almost Every Day	678	37	1650	38	17	35	2,396	37.6	
6 Every Day	389	21	727	17	9	19	1,149	18.0	
Valid responses =	1822	29	4348	68	48	1	6,380	88.1	

Invalid responses include no response or multiple responses.

**69B3. During the past month, how often do you feel-Good at managing the responsibilities of your daily life?**

	Male		Female		Unknown		Total		
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	83	5	173	4	4	8	273	4.3	
2 Once or Twice	170	9	404	9	3	6	604	9.5	
3 About Once a Week	253	14	527	12	7	15	813	12.7	
4 About 2 or 3 Times a Week	427	23	1144	26	12	25	1,628	25.5	
5 Almost Every Day	609	33	1543	36	19	40	2,208	34.6	
6 Every Day	281	15	559	13	3	6	857	13.4	
Valid responses =	1823	29	4350	68	48	1	6,383	88.2	

Invalid responses include no response or multiple responses.

**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**  
**Reference Group Data Report - Spring 2016**

American College Health Association  
 1362 Mellon Road, Suite 180  
 Hanover, MD 21076  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 17, 2016  
 FREQUENCY REPORT

Number of Surveys (n) = 7240 Web Surveys

**69B4. During the past month, how often do you feel-That you had warm and trusting relationships with others?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	76	4	99	2	3	6	190	3.0
2 Once or Twice	156	9	295	7	1	2	467	7.3
3 About Once a Week	185	10	380	9	5	10	583	9.1
4 About 2 or 3 Times a Week	326	18	862	20	10	21	1,239	19.4
5 Almost Every Day	602	33	1593	37	21	44	2,268	35.6
6 Every Day	474	26	1117	26	8	17	1,628	25.5
Valid responses =	1819	29	4346	68	48	1	6,375	88.1

Invalid responses include no response or multiple responses.

**69B5. During the past month, how often do you feel-That you had experiences that challenged you to grow and become a better person?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	74	4	122	3	3	6	205	3.2
2 Once or Twice	177	10	392	9	1	2	591	9.3
3 About Once a Week	260	14	570	13	8	16	862	13.5
4 About 2 or 3 Times a Week	431	24	1114	26	10	20	1,589	24.9
5 Almost Every Day	533	29	1306	30	18	37	1,905	29.9
6 Every Day	350	19	840	19	9	18	1,228	19.2
Valid responses =	1825	29	4344	68	49	1	6,380	88.1

Invalid responses include no response or multiple responses.

**69B6. During the past month, how often do you feel-Confident to think or express your own ideas and opinions?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	61	3	148	3	4	8	221	3.5
2 Once or Twice	157	9	394	9	4	8	574	9.0
3 About Once a Week	192	11	503	12	6	12	724	11.4
4 About 2 or 3 Times a Week	345	19	1103	25	7	14	1,495	23.4
5 Almost Every Day	590	32	1364	31	22	45	2,026	31.8
6 Every Day	478	26	830	19	6	12	1,336	21.0
Valid responses =	1823	29	4342	68	49	1	6,376	88.1

Invalid responses include no response or multiple responses.

**69B7. During the past month, how often do you feel-That your life has a sense of direction or meaning to it?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never	137	8	210	5	4	8	370	5.8
2 Once or Twice	221	12	505	12	5	10	757	11.9
3 About Once a Week	200	11	554	13	7	14	779	12.2
4 About 2 or 3 Times a Week	329	18	891	21	6	12	1,253	19.6
5 Almost Every Day	515	28	1262	29	19	39	1,840	28.8
6 Every Day	421	23	925	21	8	16	1,382	21.7
Valid responses =	1823	29	4347	68	49	1	6,381	88.1

Invalid responses include no response or multiple responses.

**MHC-SF Three Category Diagnosis of Positive Mental Health.**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Languishing	105	8	216	7	4	11	338	7.3
2 Moderate	517	40	1409	44	17	45	2,000	43.1
3 Flourishing	672	52	1561	49	17	45	2,297	49.6
Valid responses =	1294	28	3186	69	38	1	4,635	64.0

Invalid responses include no response or multiple responses.