The "Pillars" of Curriculum Reform

Arnyce R. Pock, MD, assistant dean for curriculum, Louis N. Pangaro, MD, professor and chair, Department of Medicine, and William R. Gilliland, MD, associate dean, Medical Education, Uniformed Services University of the Health Sciences

Medical schools have been engaged in curricular reform for over 20 years, although the 2010 release of the Carnegie Foundation's Educating Physicians: A Call for Reform of Medical School and Residency¹ galvanized the effort across the United States and Canada. The report's authors suggested four key elements, which we describe below along with some examples of how they can be implemented.





I: Standardization of Learning Outcomes and Individualization of the Learning **Process**

- Use competency-based progression versus adherence to preestablished timelines.
- Use regular, module-based, multiple-choice questions (MCQs), such as the customized exams available from the National Board of Medical Examiners (NBME), to ensure mastery of core basic science curriculum.
- Use comprehensive, cumulative exams with MCQs, such as the NBME's Comprehensive Basic Science Self-Assessment, for progress testing and comparison with prior curricula.
- Use the Reporter-Interpreter-Manager-Educator (RIME) framework as a criterionbased structure to anchor clinical skills to benchmarks in data gathering and clinical reasoning.2
- Encourage students' use of Concept Mapping³ as a means of individual expression and communication.
- Tailor remedial activities to student needs.
- Initiate clerkships within 12 to 18 months of matriculation and tailor schedules and sequencing to student proficiency.



II: Integration of Formal Knowledge and **Clinical Experience**

- Consider a modular, organ-system approach to the preclerkship curriculum, with integrated clinical correlates (versus the traditional, discipline-focused approach).
- Introduce clinical medicine on Day 1 or 2 of medical school and allow students to assume responsibility for select elements of patient
 - e.g., Participation in a community of practice4 as a RIME Reporter.
 - e.g., Biweekly visits with an amputee and his/her family during a musculoskeletal module.
- Use spaced education⁵ to reinforce basic sciences during clinical clerkships.
- Weave in salient basic science threads during clerkships.
- Use case- and problem-based learning and evidence-based medicine (EBM) techniques.



III: Development of Habits of Inquiry and **Innovation**

- Establish the foundation of scientific inquiry...encourage developing and asking of critical questions.
- Encourage student speculation regarding futuristic therapies, based on the most recent scientific advances.
- Allow students to develop and present results of a customized research project (e.g., a capstone project), accomplished under the auspices of a dedicated mentor. Projects can reflect student interests:
 - Traditional bench research
 - Clinical research
 - Quality improvement/patient safety



IV: Focus on Professional Identity Formation

- Introduce situated learning and involve students in communities of practice.4
- Involve students in interdisciplinary education and team-based learning.
- Encourage art in medicine and reflective writing
- Discuss humanism, medical ethics, and societal obligations.

- ferences
 Cooke M, Irby DM, O'Brien B. Educating Physicians: A Call for Reform of Medical School and Residency, Stanford, Calif: Jossey- Bass; 2010.
 Pangaro L, ten Cate O. Frameworks for learner assessment in medicine: AMEE Guide No. 78. Med Teach. 2013;35:e1197–1210.
 Novak J, Cañas AJ. The theory underlying concept maps and how to construct and use them. http://cmap.ihmc.us/publications/researchpapers/theorycmaps/theoryunderlyingconceptmaps.htm.
 Accessed September 16, 2014.
 Lave J, Wenger E. Situated Learning: Legitimate Peripheral Participation. Cambridge, UK: Cambridge University Press; 1991.
 Kerfoot BP, DeWolf WC, Masser BA, Church PA, Federman DD. Spaced education improves retention of clinical knowledge by medical students: A randomized controlled trial.

Med Educ. 2007;41:23–31.

Disclaimer: The views expressed are those of the authors and do not reflect the official policy or position of the Uniformed Services University of the Health Sciences, the Department of Defense, the United States Air Force, or the United States Government.

Author contact: Armyce.pock@usuhs.edu

First published online